

Vivekanand Education Society
(VES)

Mumbai, India

Principles of Responsible Management Education
(PRME)

Sharing Information on Progress (SIP) Report

2020-2021



Vivekanand Education Society

(Reg.No. F-1029 BOM.)

Message of the Respected President of Vivekanand Education Society (VES), Shri Amar Asrani
For the Sharing Information of Progress (SIP) Report, Principles of Responsible Management
Education

The last one year has brought several compelling learnings to all of us. As we navigated our way through the second year of the pandemic, we found ourselves using resilience, compassion and creativity, to not just navigate our way through uncertain times, but to ask, "How do we improve our commitment to the planet, despite the challenges of our circumstances?"

At Vivekanand Education Society (VES), human values have consistently formed the bedrock of all endeavours. Additionally, in the present context, the above questions led us into leveraging technology and harnessing the power of collaboration freed from geographical borders, to re-commit ourselves to sustainability-driven activities for our students, staff and society.

It is hence with a sense of joy and humility that we share this Sharing Information of Progress (SIP) report for the VES family of educational institutes. While our Higher Education Institutes (HEIs) have focussed on the Sustainable Development Goals (SDGs) linked to their domain areas, our schools and academies have embedded sustainability-led initiatives into their online academic schedule. Thus, a wide range of SDGs have been sought to be addressed by the 22,000 student-strong VES family.

In the process, VES was privileged to discover newer, and more impactful ways of training students, working with staff members, and reaching out to members of society, for SDGs spanning good health, quality education, gender sensitization, green energy and climate action, smart and sustainable cities, working for peaceful and more inclusive communities, and so on. The "Online mode" of working enabled us to collaborate with even greater stakeholders, unbounded by physical boundaries of location.

VES is always mindful of the tremendous potential of social impact through student-driven transformation. Let us all join hands to learn from each other and make our planet a healthier place!

(Shri Amar Asrani)

President – Vivekanand Education Society, Mumbai

December 2021

Sharing Information on Progress Report for Vivekanand Education Society (VES), India

The year 2021 found the world navigating its way through an unparalleled level of uncertainty. The pandemic-induced challenges impacted countries, societies, families and individuals, in multiple ways. And yet, amidst the crises that unfolded through the year, human resilience, innovation and compassion also found newer and stronger expression than ever before. The youth reached out to the underprivileged, corporate chieftains committed themselves to sustainability, the common man become more mindful of his or her everyday choices and habits. In other words, we all learnt to pay attention to the quality of the “little things”, as we understood their correlation with the “big things” that impact the planet and our collective destinies.

Thus, the sustainability-related activities of the VES family unfolded against this very unique and interesting backdrop. The students and staff of this 24-institute strong family of educational institutes joined hands to address a wide range of Sustainable Development Goals (SDG), focusing on a few core SDGs while also addressing many more, through a wide spectrum of workshops, competitions, seminars, talks, guest speaker-sessions, and collaborative endeavours.

Each institute, hence, stayed true to its ethos, while addressing the SDGs. Diversity of thought and heterogeneity of approaches allowed creativity to flourish, expressed in different ways. It is this same diversity that has been deliberately retained in the report that follows. Instead of bland consistency, the following pages offer an interesting glimpse of rich variety – variety of approaches, activities, and even reporting styles.

The collective endeavour, however, continues to be common, reinforced by the learnings of the present times – that of making our planet a slightly healthier, happier, saner place for the generations of the future.

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Vivekanand Education Society's Institute of Technology (VESIT)

The technically-oriented students and staff of VESIT have primarily focused on SDGs 9 and 11, thereby utilizing the scientific skills for enhancing the quality of life of society, via innovations, to create sustainable cities and communities. At the same time, several other SDGs, including 3, 4, 5 (good health, quality education and gender equality, respectively), have also been addressed. The following table and photographs capture some of the key sustainability-related activities of the institute.

EVENT/DRIVE	DESCRIPTION	SDG LINKAGE
V-REACH - An Alumni Engagement Initiative	<p>Event Date: 01 July 2020- 12 July 2020 Event Organized by: VESIT</p> <p>Topic: Research and 101 Software Roles, MS, MBA, Finance and Banking, Reaching the Big 4, Entrepreneurship, Cloud, Risk Analysis, Career Guidance, etc.</p> <p>Short Description: Find out what difference the right career guidance can make to your life. Learn it from the real experts who keep up with and can anticipate the changing world all from alumnis of VESIT.</p>	<p>GOAL -</p> <p>“SDG 4 - Quality Education”</p> <p>“SDG 9 - Industry, Innovation and Infrastructure”</p>
Self Esteem and Use of Technology	<p>19th-July 2021, Workshop on Mental Health and Technology; Conducted by VESLARC</p> <p>Short Description: Help students free themselves from tech addiction, understand the role of dopamine hormone and gadget-use, become aware of the Indian Penal Code.</p>	<p>GOAL –</p> <p>“SDG 11 - Sustainable Cities and Communities”</p> <p>“SDG 3 – Good Health and Well-Being”</p>
TECH_EXPERT TALKS	<p>Event Date: 22 July - 31 July 2020</p> <p>Event Organized by: VESIT</p> <p>Topic- Remote Engineering Education using NI, Industry 4.0 using NI, LabVIEW for Artificial Intelligence, Big Data-Spark Streaming with Kafka, Industrial Revolution 4.0, AI in Action, Data flight towards AI based Decisions, Wireless Technology & Application in Telecom Sector, IOT, Drone/</p>	<p>GOAL -</p> <p>“SDG 9 - Industry, Innovation and Infrastructure”</p> <p>“SDG 4 - Quality Education”</p>

	automation, AI in diabetic retinopathy, Data Management, etc.	<p>“SDG 12 - Responsible consumption and production”</p> <p>“SDG 11 - Sustainable Cities and Communities”</p>
ONE WEEK AICTE SPONSORED ONLINE STTP ON GREEN INTERNET OF THINGS	<p>Event Date: 10 August - 15 August 2020</p> <p>Event Organized by: VESIT</p> <p>Topic - Smart technologies for Power optimization, IOT Applications and Scope, Adoption, Automation, Green IOT</p>	<p>GOAL -</p> <p>“SDG 9 - Industry, Innovation and Infrastructure”</p>
Workshop on Analog, Digital Electronics and PCB designing	<p>Event Date: 22 - 24 August, 2020</p> <p>Event Organized by: VESIT Tinkerer’s Lab of ETRX Dept.</p> <p>Nos. of participants: 119 students,</p> <p>Short Description: The Tinkerer’s Lab of the Electronics Dept (VESIT) conducted a workshop on Analog, Digital Electronics and PCB designing. The workshop conducted with each interactive hand on session lasting two and a half hours each on the google meet platform.</p>	<p>GOAL-</p> <p>“SDG 4 - Quality Education”</p>
Essay writing Competition Under EBSB	<p>Event Date: 4 to 10 Sept, 2020</p> <p>Event Organized by: D.Y. Patil College of Engg., Pimpri, Pune</p> <p>Nos. of participants: 50+</p> <p>Short Description: D.Y. Patil College of Engg., Pimpri, Pune conducted their first event under the EBSB program. They organized an essay writing competition. The topic for the competition was “Impact of Covid-19 on Humans and Environment”.</p>	<p>GOAL-</p> <p>“SDG 4 - Quality Education”</p>
INSTRU - INTERNATIONAL TALK SERIES	<p>Event Date: 07 September 2020</p> <p>Event Organized by: VESIT</p> <p>Topic - Machine Learning, Silicon design Process, Sales & Marketing, Augmented Reality, etc.</p>	<p>GOAL -</p> <p>“SDG 4 - Quality Education”</p>

		“SDG 9 - Industry, Innovation and Infrastructure”
Language and Cuisine	<p>Event Date: 19 Sept, 2020 Event Organized by: International Management Institute, Bhubaneswar</p> <p>Nos. of participants: 118</p> <p>Short Description: International Management Institute, Bhubaneswar hosted their second event under the EBSB program in association with VESIT. The topic for the event was ‘Language and Cuisine’. The idea behind organizing this event was to bring about a cultural exchange between the state of Maharashtra and Odisha. They executed the idea through a presentation and crossword quiz.</p>	<p>GOAL-</p> <p>“SDG 17 - Partnerships for Goals”</p>
Looking Beyond Syllabus Report 2020-2021	<p>Event Date: 26 Sept 2020 Event Organized by: VESIT LBS team Nos. of participants: 26 faculties</p> <p>Short Description: It’s an institute level competition with the purpose of motivating students to come up with new project ideas, which can be converted into real time applications or products. Through LBS, VESIT offers an opportunity to the students to contribute to the society by providing innovative and efficient solution for today’s needs of the citizens.</p>	<p>GOAL-</p> <p>“SDG 4 - Quality Education”</p> <p>’</p> <p>“SDG 9 - Industry, Innovation and Infrastructure”</p>
Quiz -DID YOU KNOW	<p>Event Date: 27.09.2020,</p> <p>Event Organized by: VESIT Sports Council, Nos. of participants: 80+ people,</p> <p>Short Description: It was an online event conducted on the official sports council Instagram account. In Phase I - a game titled Guess the Player, was organized where certain images of a player along with hints based on the performance and career were posted on Instagram and students were asked. In Phase II - a game titled POP Quiz,</p>	<p>GOAL-</p> <p>“SDG 3 - Good Health and Well-Being”</p>

	was organized where questions along with four options were posted on Instagram and students were asked to identify and select the right option.	
Workshop - SPOTIFY USING PYTHON	Event Date: 3 & 4 October .2020, Event Organized by: VESIT ISTE Council, Nos. of participants: 150 students, Short Description: ISTE VESIT organized a two-day workshop on how to build python thinker. The workshop was conducted on google meet.	GOAL- "SDG 4 - Quality Education"
Webinar - HAPPY EQUILIBRIUM	Event Date: 10.10.2020, Event Organized by: SoRT VESIT in collaboration with VESLARC, Nos. of participants: 100 Students, Short Description: "HAPPY EQUILIBRIUM" webinar delivered a beautiful hour-long session which focused on coping methods when stressed and how one can go from coping to thriving. This workshop was to help solve questions and problems that a lot of people have been experiencing in their life pertaining to their mental health especially given the isolation and stress of online education in the lockdown. The session was one of the most collaboration online events as it was followed by a highly interactive Question and Answer round.	GOAL- "SDG 3 - Good Health and Well-Being" , "SDG 13 - Climate Action"
PLATELET DONATION AWARENESS WEBINAR	Event Date: 17.10.2020, Event Organized by: SoRT VESIT in collaboration with TATA Memorial Hospital and Gunvati J Kapoor Foundation, Nos. of participants: 100 Students, Short Description: Doctors from TATA Memorial Hospital spread awareness about platelets and the need for platelet transfusion. Dr. Sunil Rajyadhyesha and his team spoke in depth about the need for platelet donors and many students, moved by the presentation, pledged to become donors.	GOAL- "SDG 3 - Good Health and Well-Being"

SAUR URJA BHARAT	Event Date: 24 October 2020 Event Organized by: VESIT Expert Lecture By: Dr. Chetan Singh Solanki, Energy Swaraj foundation	GOAL - “SDG 7 - Affordable and Clean Energy”
CULT-RATRI	Event Date: 24.10.2020, Event Organized by: VESIT Cultural Council, Nos. of participants: 90+ people, Short Description: As the VESITians longed for a celebration of Navratri in the lockdown, VESIT Cultural Council in association with Dance Crew (VDC), came up with the branch new event - CultRatri. The online fest brought in various cultural exhibits along with traditional extravagance for VESITians.	GOAL- “SDG 3 - Good Health and Well-Being”
MACHINERA SERIES	Event Date: 24.10.2020, Event Organized by: VESIT ISTE Council, Nos. of participants: 80+ people, Short Description: VESIT ISTE council hosted the first course of Machinera series on the Google Meet platform This series was open for all SE’s and ISTE members of TE, BE and MCA.	GOAL- “SDG 9 - Industry, Innovation and Infrastructure”
CODE FOR CHANGE HACKATHON	Event Date: 17 - 19 Nov, 2020 Event Organized by: VESIT student council. Nos. of participants: 150+ students, Short Description: The objective of the 48 hours competition taking place is to make students aware of the ongoing social and environmental problems in the country and aid the various organizations which are trying to tackle them by creating digital solutions and platforms for these Non-Govt. Organizations. The problem statement was provided by the NGOs which dealt with the cause the specific NGO was working towards.	GOAL- “SDG 16 - Peace, Justice and Strong Institutions”
MENTAL HEALTH AWARENESS WEBINAR	Event Date: 18.11.2020, Event Organized by: SoRT VESIT under Invincia collaboration with VESLARC, Nos. of participants: 100 Students,	GOAL- “SDG 3 - Good Health and Well-Being”

	<p>Short Description: The session was conducted by Ms. Piya Mukherjee, Director of VESLARC and detailed how our negative thoughts truly affect us and how we can learn to create our identity and grow together. She helped understand everyone's nightmare thoughts and encouraged students to look beneath the surface of issues. The presentation focused on the importance of living a balanced life and the power of having a peaceful mind. The Japanese concept of ikigai, which means 'a reason for being' was also introduced so that the students can have a meaningful direction or purpose in life.</p>	
REGARD BEFORE YOU DISCARD	<p>Event Date: 20.11.2020, Event Organized by: SoRT VESIT under Invincia, Nos. of participants: 10 participants,</p> <p>Short Description: Approximately 100 million pieces of plastic waste is becoming non-biodegradable litter every day! And hence to promote the habit of repurposing waste SoRT VESIT with the VESIT Student Council under Invincia held a submission event "Regard before you discard" where participants submitted 30 sec time lapse videos of their creative creation made by reusing or recycling plastic. The green rangers submitted a lot of innovative designs like lamps made from plastic pens, old cups made into candles and many more things.</p>	GOAL- "SDG 13 - Climate Action"
NIRVANA	<p>Event Date: 20.11.2020, Event Organized by: SoRT VESIT under Invincia, Nos. of participants: 10 teams,</p> <p>Short Description: A unique competition where groups of contestants could select a social issue from climate change, veganism, population control, deforestation, adoption of strays, child abuse, abortion rights, primary education and clean water provision and deliver a presentation with a proposed solution to the major problems seen in that domain. Contestants passionately</p>	GOAL- "SDG 13 - Climate Action"

	<p>brainstormed and debated on their beliefs of ways in which they could diminish the societal problems. The objective of the event was to give a new perspective to age old issues that seem to have saturated the new cycle. Out of the 10 participant teams, the victor presentation was given by team D10 who effectively spoke about climate change.</p>	
<p>TALENT-AID AN OPEN MIC FUNDRAISER</p>	<p>Event Date: 20.11.2020, Event Organized by: SoRT VESIT under Invinia, Nos. of participants: 45 students,</p> <p>Short Description: SoRT VESIT with VESIT Student Council under Invinia conducted VESIT's First online Open Mic where the talent from our college came to perform and the audience donated to the NGO Kshamata via a ketto website made by SoRT. The open mic was live streamed on Youtube for over 4 hours and in total funds of over INR 27,000 were raised by the audience! With around 45 students performing everything from stand up, poetry, storytelling to even a few women from Kshamata performing the event were a refreshing break that everyone needed in the lockdown. The stream was watched by over a thousand people.</p>	<p>GOAL- "SDG 4 - Quality Education" "SDG 1 - No Poverty"</p>
<p>MENSTRUAL HYGIENE AWARENESS WEBINAR</p>	<p>Event Date: 21.11.2020, Event Organized by: SoRT VESIT under Invinia in collaboration with The Myna Mahila Foundation, Nos. of participants: 90 people, Short Description: Dr. Shraddha Kale Kapile discussed the myths surrounding menstruation and even discussed personal stories from her childhood. The complexities of menstruation and the importance of taking care of your hygiene was discussed at lengths. The session was attended by both male and female students thus signifying that the stigma around menstruation is not a gender specific issue and we must all learn to be compassionate towards the strong menstruators.</p>	<p>GOAL- "SDG 4 - Quality Education" , "SDG 5 - Gender Equality"</p>

CHESS FOR CHARITY	<p>Event Date: 21.11.2020, Event Organized by: SoRT VESIT under Invincia, Nos. of participants: 45 people, Short Description: The event was another innovative and fun challenge that directed the thrill of competing in chess tournaments for the betterment of women in need. It was a unique mixture between indoor sports and the spirit of giving back. Around 45 people participated and donated to the NGO Kshamata with the fundraising Ketto website which was functional from the 18th to 22nd of November, 2020, the players competed in pairs until only 2 winners were left and the finale between the two was live streamed on Youtube.</p>	GOAL- "SDG 1 - No Poverty"
NODE.JS WORKSHOP	<p>Event Date: 22.11.2020, Event Organized by: VESIT CSI Council, Nos. of participants: 100+ students, Short Description: This was a project oriented one day workshop covered the basic concepts of Node.js, Socket.io and Express.js followed by a quiz to further enhance their learning experience. The participants used HTML and CSS to add aesthetic value to the front-end of the Chatting Application. Using Node.js, Socket.io and Express.js, the participants completed the crucial back-end of the Chatting application. The workshop was conducted successfully with the participants getting a hand-on coding experience.</p>	GOAL- "SDG 4 - Quality Education"
ONE WEEK AICTE SPONSORED ONLINE STTP ON GREEN INTERNET OF THINGS (PHASE-II)	<p>Event Date: 23 November - 26 November 2020 Event Organized by: VESIT Topic - IoT Applications, Green IOT, IOT basics, Lustre pprogramming, IOT using NETSim etc.</p>	GOAL- "SDG 4 - Quality Education" "SDG 9 - Industry, Innovation and Infrastructure"

NATIONAL LEVEL QUIZ ON SAMVIDHAN DIWAS	Event Date: 26.11.2020, Event Organized by: IQAC in association with IIC Library, Nos. of participants: 50+ people, Short Description: On this occasion of Samvidhan Diwas, to enhance knowledge and to ignite the appreciative relevance of the Constitution during Lockdown. The quiz was held for all the staff members, students and faculties of participating colleges, under the guidance of the Internal Quality Assessment Cell (IQAC) in association with the Institution's Innovation Cell (IIC) Library.	GOAL- "SDG 4 - Quality Education" , "SDG 9 - Industry, Innovation and Infrastructure"
Hands-on ESP, Arduino, WSN, and case studies	Event Date: 27 November,2020 Event Organized by: VESIT Expert Lecture By: Dr. Ajay Godhra, Professor, NITTR, Chandigarh.	GOAL- "SDG 4 - Quality Education" , "SDG 9 - Industry, Innovation and Infrastructure"
IoT opportunities and future possibilities	Event Date: 28 November,2020 Event Organized by: VESIT Expert Lecture By: Mr. Sushil Bedre, Senior Architect and consultant, Siemens Industry Softwares Ind. Pvt. Ltd..	GOAL- "SDG 4 - Quality Education" "SDG 9 - Industry, Innovation and Infrastructure"
Webinar on Menstrual Hygiene	Event Date: 02 December 2020 Event Organized by: VESIT Expert Lecture By: Dr. Shraddha Kale Kapile, Lead Trainer, Myna Mahila foundation	GOAL - "SDG 3 - Good Health and Well-Being", "SDG 5 - Gender Equality"
WEBINAR ON CYBER-SECURITY	Event Date: 02 December 2020 Event Organized by: VESIT Expert Lecture By: Dr. Vanita Joshi, faculty, ICFAI Business school	GOAL - "SDG 16 - Peace, Justice and Strong Institutions"
JAVA APPIFY	Event Date: 04 & 06 December, 2020 Event Organized by: VESIT CSI Council, Nos. of participants: 100+ students, Short Description: The principal benefit of the workshop was that it also included an Android App development workshop on the 3rd day. It was	GOAL- "SDG 4 - Quality Education"

	conducted by Sr. Technical Officers and Sr. Web Editors.	
ONE WEEK AICTE SPONSORED ONLINE STTP ON GREEN INTERNET OF THINGS (PHASE-III)	Event Date: 07 December - 11 December 2020 Event Organized by: VESIT Topic - IoT and Case studies on biomedical applications of IoT, IOT HW, Edge Technology, Cloud Computing, etc..	GOAL- "SDG 4 - Quality Education" , "SDG 9 - Industry, Innovation and Infrastructure"
National Education Policy 2020	Event Date: 22 December 2020 Short Description: The expert lecture was conducted on the topic of "National Education Policy 2020". The event was presented by Prof. T Shakila Shamshu, Officer on Special Duty (New Education Policy), Department of Higher education, Government of India	GOAL - "SDG 4 - Quality Education"
Seminar on Intellectual Property Rights (IPR)	Event Date: 30 January 2021 Short Description: The expert lecture was conducted on the topic of "Seminar on Intellectual Property Rights (IPR)". The event was presented by Dr. Deepak Mehra, founder, VIDURNEETI	GOAL - "SDG 4 - Quality Education" "SDG 16 - Peace, Justice and Strong Institutions"
Seminar on Intellectual Property Rights	Event Date: 30 January, 2021 Event Organized by: VESIT Nos. of participants: 50+ Short Description: Identifying Intellectual Property components at an early stage of innovation Dr. Deepak Mehra, Innovation and IPR Catalyst was the speaker for this session.	GOAL- "SDG 9 - Industry, Innovation and Infrastructure"
Seminar on National Innovation & Startup Policy	Event Date: 30 January, 2021 Event Organized by: VESIT IQAC & IIC Nos. of participants: 100+ Short Description: The NISP, which was launched on 11 sept, 2019 for students and faculty has been constantly intending to promote Innovation and Entrepreneurship throughout the country. Prof. Kiran T. Talele was the speaker for this webinar.	GOAL - "SDG 8 -Decent Work and Economic Growth" "SDG 9 - Industry, Innovation and Infrastructure"

MUSICAL MISFIT	Event Date: 13 & 14 February 2021, Event Organized by: VESIT Music Council, Nos. of participants: more than 100 students, Short Description: A fun event was organized in our college named "Musical Misfit". This event was a successful event to attract over 30 teams of registrations making it an event attended by over 100 students.	GOAL- "SDG 3 - Good Health and Well-Being"
Personal and Professional Achievement Program	Event Date: 15 Feb, 2021 upto 6 weeks Event Organized by: VESIT Nos. of participants: 70+ Short Description: The program was conducted to improve linguistic and soft skills of the students. 15 Feb, 2021 with its first session led by Padmaja Borwankar.	GOAL- "SDG 4 - Quality Education"
Expert Lecture	Event Date: 29 March 2021 Event Organized by: VESIT Expert Lecture By: Dr. Sanjeet Kumar Nayak, IIIT Kanchipuram Topic - Inauguration Function Cryptographic Primitives used in Blockchain	GOAL - "SDG 9 - Industry, Innovation and Infrastructure"
AICTE sponsored STTP on "Block Chain and Its applications"	Event Date: 29 March to August 2021, Event Organized by: VESIT Nos. of participants: 180+ people, Short Description: VESIT received a grant of Rs. 4,03,333/- from AICTE for conducting short term training program on BlockChain and its application. Dr. M. Vijayalakshmi was the coordinator of the STTP. The STTP was planned to be conducted in 4 phases (online).	GOAL- "SDG 9 - Industry, Innovation and Infrastructure"
Expert Lecture	Event Date: 01 April 2021 Event Organized by: VESIT 1)Blockchain Use Cases 2)Hands-on Session - 7 Implement various Blockchain Use cases	GOAL - "SDG 9 - Industry, Innovation and Infrastructure"
WORKSHOP on Intellectual Property Rights (IPR)	1)Introduction to Decentralized Applications (DAPPS) 2) Hands-on Session -11 Creating Front End Applications	GOAL- "SDG 9 - Industry, Innovation and Infrastructure"

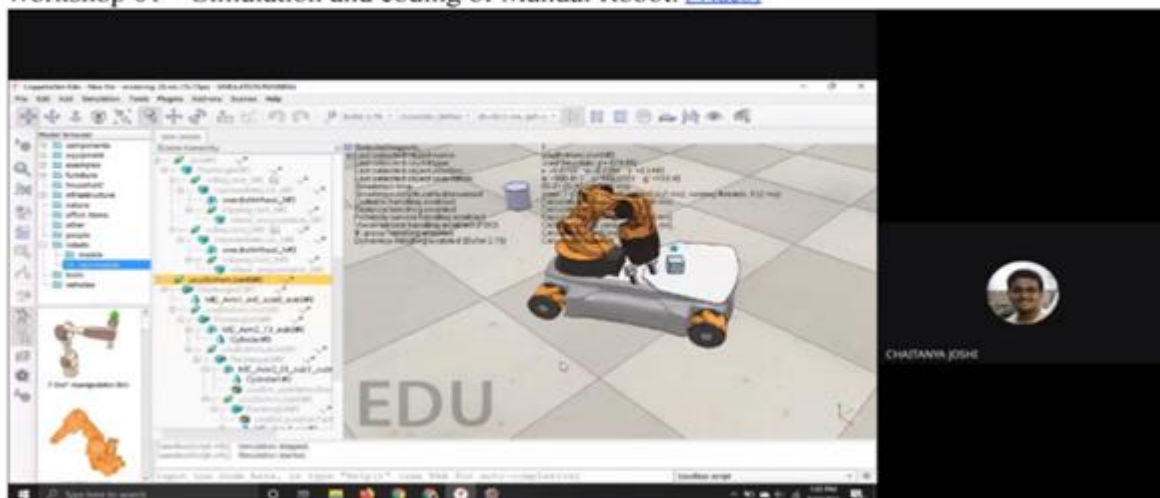
and IP Management for startup	3) Hands-on Session -12 Running & Testing Decentralized Applications	
PANEL DISCUSSION ON 'INNOVATION AND STARTUP ECOSYSTEM ENABLERS	Event Date: 17 April 2021 Event Organized by: VESIT Nos. of participants: 100+ students, Short Description: The expert lecture was conducted on the topic of "PANEL DISCUSSION ON 'INNOVATION AND STARTUP ECOSYSTEM ENABLERS". A Bhuwaneshwari and Associates, Mumbai. The objective of the event was to boost the startup ecosystem in VESIT and to help VESITians in understanding fundamentals issues in Starting Business.	GOAL – "SDG 4 - Quality Education" "SDG 8 -Decent Work and Economic Growth" "SDG 9 - Industry, Innovation and Infrastructure"
Webinar on "Inception, Irrigation, Harvest & Innovation need to build A	Event Date: 01.05.2021, Event Organized by: VESIT IIC Nos. of participants: 59 Faculties Short Description: Speaker Mr. Amit Rambhia started the session with the role of agriculture in India and analogy between agriculture and technology. Keeping the VESIT research motto in picture he explained where the VESIT stands and how the quality research and innovation can be improved in our campus. He explained how to work towards achieving novel solutions to critical problems and needs in the field of engineering.	GOAL- "SDG 16 -Decent Work and Economic Growth"
Discussion on 'Restoration of our collapsing Ecosystem'	Event Date: 19 June, 2021 Event Organized by: Ek Bharat Shreshtha Bharat (EBSB) Nos. of participants: 150+, Short Description: The panel discussion on the topic was 'Restoration of our Collapsing Ecosystem' organized under EBSB to assess the current situation in the state of Maharashtra and Odisha and find solutions for the ecosystem restoration. .	GOAL- "SDG 13 – Climate Action
PROMOTION ABOUT "FREE VACCINATION FOR THE 18 -	Event Date: 21 June 2021, Event Organized by: VESIT Nos. of participants: 180+,	GOAL - "SDG 3 - Good Health and Well-Being"

44 Years AGE GROUP”	Short Description: Free Vaccination for 18 - 44 years age group was started from 21 June 2021. The I&B ministry issued advertisements in local languages and putting up hoardings. Translation in local was available with regional PIB offices in each state. In this regard, AICTE requested all the institutions to upload the banner on their official websites and disseminate this information among all the students, faculty members, staff and others. VESIT promoted the same through all social media & email.	
Webinar on “Equipping yourself for the Covid-19 Era”	Event Date: 21 June, 2021 Event Organized by: International Management Institute, Bhubaneshwar Nos. of participants: 150+ Short Description: A webinar organized by Ek Bharat Shreshtha Bharat (EBSB) club of International Management Institute, Bhubaneshwar in association with Isha Foundation & VESIT on the occasion of 7th International Yoga Day. The theme of the event was “Equipping yourself for the Covid-19 Era”.	GOAL- “SDG 3 - Good Health and Well-Being”
ARTIFICIAL INTELLIGENCE FOR HEALTHCARE	Event Date: 24 June to 1 July, 2021 Event Organized by: VES College of Pharmacy & VESIT Nos. of participants: 100+ Short Description: A 30 hrs certificate course entitled Artificial Intelligence for Health Care was jointly organized by VES College of Pharmacy & VESIT during 21 June to 1 July 2021. There were many courses scheduled during the above period.	GOAL- “SDG 9 - Industry, Innovation and Infrastructure”, “SDG 3 - Good Health and Well-Being”
SWADESHI MICROPROCE SS-OR CHALLENGE 2020	Event Date: Academic Year 2020-21, Event Organized by: Ministry of Electronics and Information Technology, Govt. of India Nos. of participants: 6000 teams, Short Description: out of 6000 teams in Swadeshi Microprocessor Challenge 2020, Three (3) teams from VESIT were selected in the top 100 who made it to the semi-finals. Each semi-finalist will get a	GOAL- “SDG 9 - Industry, Innovation and Infrastructure”, “SDG 8 -Decent Work and Economic Growth”

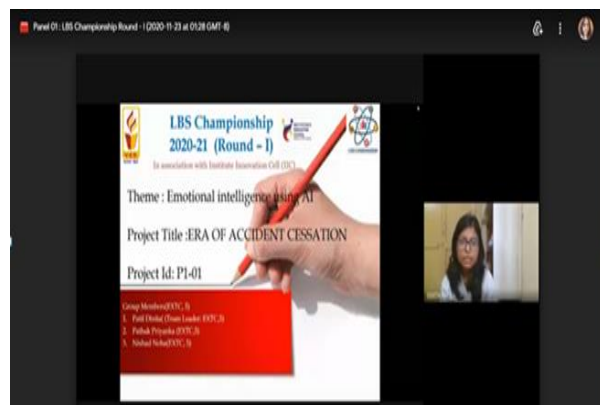
	<p>funding of Rs. 1,00,000/- towards creation of start-up and project expenses.</p> <p>Team 1: Calibration System for Nuclear Spectroscopy Application</p> <p>Team 2: Swadeshi Battery Management System</p> <p>Team 3: High Resolution Multichannel Analyzer for Nuclear Spectroscopy Application</p>	
UNNAT BHARAT ABHIYAN	<p>Event Date: Academic Year 2020-21,</p> <p>Event Organized by: Ministry of Human Resource Development</p> <p>Nos. of participants: 10+ Faculties,</p> <p>Short Description: Four Unnat Bharat Abhiyan teams sent proposal for villages (Aamgaon, Ambiste Kh, Gargaon and Aapti) under Technology Development Proposal during academic year 20-21. Estimated costing for each proposal was Rs. 1,00,00/-</p> <p>Currently VESIT received Rs. 50,000/- as a sanctioned fund 01.06.2021 for the proposal "Surya Sakshamta: Pragati ka Sulabh Marg", Three proposals are still in process.</p>	<p>GOAL-</p> <p>"SDG 1 - No Poverty"</p> <p>"SDG 7 - Affordable and Clean Energy"</p>
15th Inter-Collegiate/Institute/Department Avishkar Research Convention 20-21	<p>Event Date: Academic Year 2020-21,</p> <p>Event Organized by: University of Mumbai</p> <p>Nos. of participants: 15+ teams,</p> <p>Short Description: The project is not a drone but these are various applications which can be implemented on any land based aerial drone which will make that drone capable of performing these applications. All the applications which will be developed will be focused towards various problems in our society which can be easily solved by implementing various types of drones for the applications.</p> <p>Project Name: "Multi-Functional Detachable Application for Drones" won Silver Medal in 15th Avishkar 20-21.</p>	<p>GOAL -</p> <p>"SDG 9 - Industry, Innovation and Infrastructure",</p> <p>"SDG 8 -Decent Work and Economic Growth"</p>

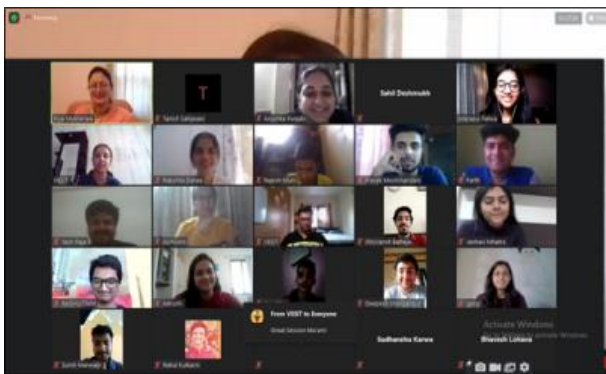
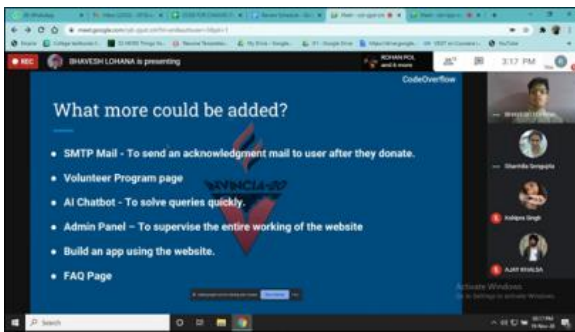
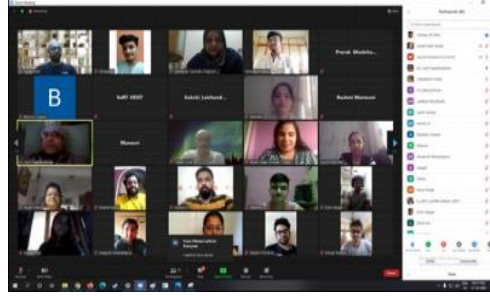
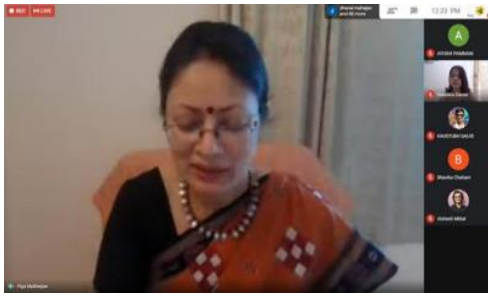


Workshop 01 – Simulation and coding of Manual Robot. [\(Video\)](#)



Caption : Mr Shreekant Shiralkar focussing on the importance of creative learning through results

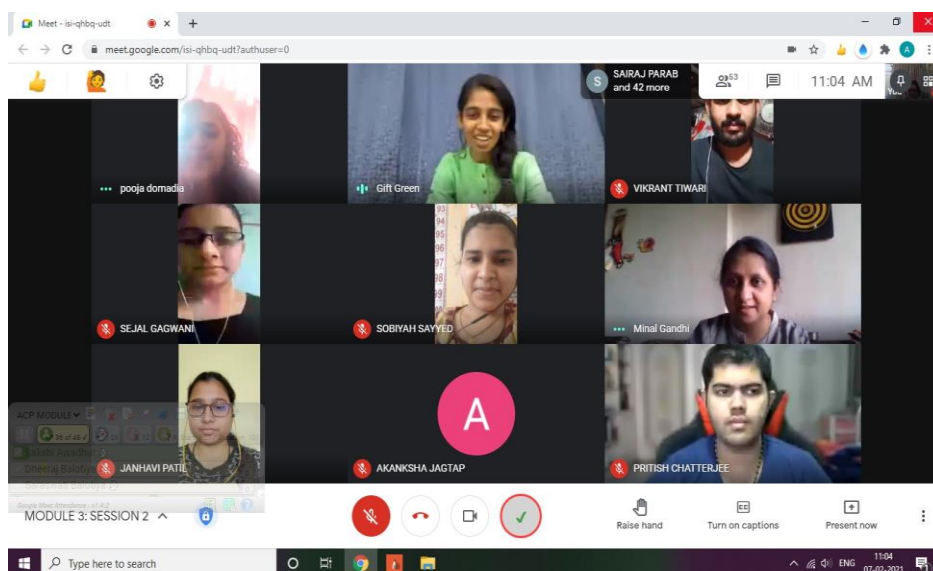


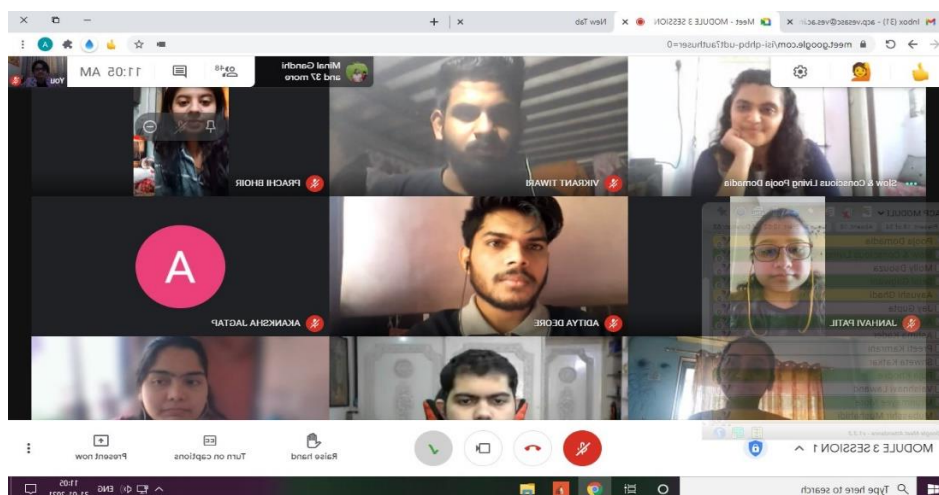


Vivekanand Education Society's College of Arts, Science and Commerce (VESASC College)

The institute, with its heterogeneous student-family, across various streams of study, successfully addressed a wide spectrum of SDGs, after pivoting into the online mode of interaction. Students were encouraged to not only organize or conduct sustainability-themed activities, but to also collaborate with various stakeholders in society. The following table and photographs capture the key activities of the institute, in the domain of sustainability.

S. no.	Activity Name	Details	Linked SDG
1	Sessions on Good Consumerism and Green lifestyle (Awareness, Activity, Action)	Three workshops were organized for students enrolled in the Additional Credit Programme based on three topics: Natural Hair care, Natural Cleansers and sustainable menstruation. As part of their community service module, students had to attend these workshops (awareness), try the methods taught (activity) and teach the community what they have learnt (action). (January - February, 2021)	SDG 12: Responsible Consumption and Production





Value Lab - Common Practice: Students were encouraged to make digital posters on “Values highlighted” Activities related to inculcation of values and ethics. Due regard is paid to National Development by focusing on commemorating important days and events, a practice that has merged with the operation of the value lab.

The “Values for the Month” were: Justice for the month of July, Mindfulness for the month of August, Solidarity, for the month of September, Patience for the month of October and November, Courage for the month of December, Forgiveness, for the month of January, Affection for the month of February, Trust for the month of March, Respect for the month of April, Team work for the month of May.

S. No.	Details of Activity	Objective	SDG platform
1.	International Yoga Day celebration: On 21st June 2020 Yoga Day video was created by Value Lab and was shared amongst the students' group.	The purpose was to create awareness among the students to practice yoga every day to promote better mental and physical health of students through yoga practice during this pandemic.	SDG-3 Good Health and well-being
2.	World day of Social Justice: ON 17th July 2020 Value lab observed “World Day of Social Justice.” To Mark Day, Students were encouraged to e-mail digital/scan copies of Handmade posters on theme 2020 - "Closing the inequality gap to achieve social Justice." Six posters were made by the students. All participants were	Awareness of the Social Responsibility among students, understanding that one can voice for Justice, Understanding the concept of social Justice, includes a vision of society that is equitable and all members are physically and psychologically safe and secure.”	SDG-4- Quality Education

	awarded e- certificates. Also, video on the Justice was made and circulated amongst various student groups.		
3.	<p>Webinar on Universal Human Values:</p> <p>Value Lab had conducted session on “Universal Human Values” to instill human values such as right understanding, relationship, patience, help respect, care, love, affection, gratitude and harmony among the participants. 113 participants registered for the webinar. 61 students and 07 faculty members attended the webinar. All participants were awarded e-certificates. On 24th July & 25th July 2020</p>	The webinar aimed at making realize the students about human values such as right understanding, patience, help, relationship, respect, care, love, affection, gratitude and Harmony.	SDG-4- Quality Education
4.	<p>Introductory Practices on Heartfulness Meditation practices” 30 July to 01 August 2020</p> <p>Value Lab, in association with Heartfulness Education Trust organized a 3-day Webinar between: 11.00 pm to 12:30 pm every day on “Introductory Practices on Heartfulness Meditation practices”. The webinar was attended by faculty members, students from our own educational institutions, VESASC. Around 65 participants attended the webinar every day and although the webinar was conducted remotely. The speaker's talk covered the areas of concerns to coping with stress along with the varied aspects of meditation practices.</p>	<p>The main objective was to Integrate simple tools of meditation into our daily life, especially in these times when we are constantly barraged with the dire news about this COVID-19 pandemic. Thus, by using simple techniques of meditation of cleansing and rejuvenation, such as effortless focus and erasing unwanted worries, which help us in correcting our minds by vaporizing complexities, impurities from our system.</p> <p>In this respect, the workshop added a precious dimension to what can be gained from retreats.</p>	SDG-4- Quality Education

<p>5.</p>	<p>Online Quiz on the 'Works of Swami Vivekanand, January 2021: To commemorate the birthday of Swami Vivekananda, 12th January 2021, an 'online quiz' was organized on the Works of Swami Vivekanand. The Quiz was based on the book- "Swami Vivekananda-A Biography" by Swami Nikhilananda. 47 students participated in this quiz.</p>	<p>Objective- The development of moral, spiritual and aesthetic values and to develop integrated and balanced personality.</p>	<p>SDG-4- Quality Education</p>
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Activity Name	Description	SDG
Fund raising for students by Alumni	In the last academic year due to a pandemic, many parents were not able to pay fees for their wards. Upon being requested, alumni from various batches donated a sum of total Rs. 210254. Many students could continue education because of this support.	4. Quality Education

S.No.	Activity	Objective	Number of Participants	SDG No.
1	Intercollegiate Poster competition was organized on the topic 'BIODIVERSITY' September 2020	The term biodiversity refers to the variety of life on Earth at all its levels, from genes to ecosystems. Activity was conducted to create interest and awareness in the field of biodiversity	18 students participated in this activity	14, 15
2	Participation of students in the global activity organized by Energy Swaraj Foundation.	The aim of this movement is to create awareness in the students about climate change and to create student solar ambassador. This global activity consisted of a webinar as well as competitions on the theme of Climate change.	Twenty-one participants attended this webinar.	7,11,12, 13
3	Mr. Aankeet Gokalgandh continued the initiative of collection of Tetra packs. Total 200 Tetra pack cartons were submitted for recycling Purpose	Spread awareness of recycling and reuse amongst all students	-	11,12
4	On 3 rd March at the occasion of "WORLD WILDLIFE DAY" a quiz and pledge was organized on 'World Wild Life'.	Quiz included a pledge so as to remind students regarding their duty to the conservation of wildlife as a responsible citizen	Around 238 students appeared for the quiz and took the pledge.	15
5	Webinar on Effects of Noise Pollution on	Noise pollution may lead to physical and psychological	110 participants	03

	Human Health by Ms.Sarita Khanchandani of Hiral Foundation and Recipient of Limca Book of records - 10 th March 2021	damage. The activity was organised to create awareness and to inculcate discipline amongst the students regarding noise pollution.	attended this webinar	
6	World water day was observed on 22nd March 2021. A Video on 'SAVE WATER' was circulated in different classes on WhatsApp groups.	The aim was to sensitize students about need to minimize wastage of water and make optimum use of water in all our day-to-day activities.	Students of all years	06
7	A talk on 'Impacts of our lifestyle on environment' by Dr Gulwade was arranged – March 30 th , 2021	In his talk he explained impact of growth of plastic waste and electricity usage/production on environment. He also discussed the role of solar PV implemented at our institution is to boost environment sustainability.	51 participants attended this session	7,11,12, 13

Activities of NSS unit of VESASC in the Academic year 2020-2021:

Activity	Objective	Number of Participants	SDG No.
Tree plantation activity – 19 th February 2021	On the occasion of Shivaji Maharaja Jayanti =, the NSS unit had organized Tree Plantation Activity. The objective was to propagate the message that planting the trees helps to maintain a clear eco-friendly environment, reduces pollution and improves the green ambience. In this activity Volunteers planted saplings in their nearby area.	Total 65 volunteers participated	SDG-11 Sustainable Cities & Communities SDG-15 Life on Land

Online Yoga Day celebration 22/06/2021	To spread awareness about the importance and effects of Yoga on the health of students. The event was conducted to celebrate the occasion of International Yoga Day. Yoga teachers performed and explained the importance of Yoga to the students who attended the programme.	80 students participated	SDG-3 Good health & well being
Online seminar on COVID 19 and blood donation – 25 th July 2020	To raise awareness about importance of Blood donation and precautions during pandemic (Covid-19) , NSS unit of VESASC organized an online seminar on YouTube. The session was conducted by two esteemed speakers namely Dr. Amol Kadam, who spoke on COVID 19 and Mr. Vinay Shetty, who spoke about blood donation.	65 volunteers are participated	SDG-3 Good health & Well being
Quiz competition on blood donation – 22 nd February 2020	On the birth anniversary of the beloved founder member of VES, late Shri Hashu-ji Advani, N.S.S. Unit of Vivekanand Education Society's College of Arts, Science & Commerce organized a QUIZ COMPETITION to raise awareness about blood donation.	153 NSS volunteers participated in the event.	SDG-3 Good health & well being
Swachh Bharat Abhiyaan - 6/02/2021 to 09/02/2021	In this activity all the volunteers cleaned their nearby location like garden, roads, public places and created awareness among people about cleanliness. Some volunteers had made videos on wet waste and dry waste to create awareness among society about segregation of waste Materials.	Around 57 students participated	SDG-3 Good health & well being
Health, hygiene & Swachhta activity – 12 th March 2021	The main aim was to create awareness among all & make them realize the importance of Swachhata and good health and hygiene through the slogans and awareness digital poster.	25 volunteers participated	SDG-3 Good health & well being

Social Awareness on World AIDS Day – 1 st December 2020	NSS volunteers of VESASC College made Handmade posters and posted Slogans on HIV/AIDS on the Occasion World AIDS Day (1st December) on Instagram page. The objective was to create awareness about the infections of AIDS.	100 volunteers participated	SDG-3 Good health & well being
MDACS intercollegiate Quiz competition 24/11/2020	MDACS organized Quiz competition as 'Red Ribbon Club' (RRC) activity to sensitize the students about the various aspects (Prevention, Care, Support & treatment of) HIV/AIDS.	Vivekanand College of Arts, Sci.& Com	SDG-3 Good health & well being
Paper bag making competition – 12 th July 2020	The participants had made paper bags out of waste materials in order to signify the importance of paper bag day.	15 volunteers participated	SDG-11 Sustainable Cities & Communities
Awareness session on Nutrition – 24 th March 2021	The main aim was to create awareness among the society about nutrition and give some tips to develop good nutrition habits and a healthy diet.	20 Volunteers participated. Online	SDG-3 Good health & well being
Local residents' education – in collaboration with Kotak Foundation	NSS Unit in association with Kotak Education Foundation conducted this activity. The volunteers of the unit supported the Kotak education foundation in educating the residents of Chembur area. 09/08/2020	30 students participated.	SDG-4 Quality Education
International Youth Day – 12 th August 2020	Each NSS group made a short video for International Youth Day.	110 students participated.	SDG-4, Quality Education & SDG-11, Sustainable Cities & Communities
National Youth Parliament Festival, 12/01/ 2021	The volunteers attended a live session of of National Youth Parliament Festival. Our Prime Minister and other various dignitaries gave a speech encouraging today's youth.	165 NSS volunteers attended the programme.	SDG-4, Quality Education &

Online session on National Youth Day – 12 th January 2021	To celebrate the birth anniversary of Swami Vivekananda, VESASC NSS unit conducted an Online Session to picturize the Biography of Swami Vivekanand ji. The main objective was to update about the philosophy & Moral values, etc.	92 volunteers participated	SDG-4, Quality Education &
Quote Writing Competition – 12 th to 16 th January 2021	An online QUOTE WRITING COMPETITION on the topic (Youth of India) was organized to create awareness among the youth about the roles & responsibilities of the Youth in nation building.	No. of participants- 35	SDG-4, Quality Education &
Tribute to all covid-19 warriors – 24 th October, 2020	Project-Women empowerment Video made by volunteers & uploaded in social media.	TOTAL PARTICIPANTS: - 5	SDG-5 Gender Equality
Parakram Diwas- National Youth Day – 25 th January 2021	Online Celebration of Birth anniversary of Netaji Subhash Chandra Bose was done vi videos, related to the living style & important achievements of Netaji.	92 NSS volunteers participated.	SDG-4, Quality Education
National Girl Child Day – 23 rd January 2021	An online webinar was organized on "Women Empowerment- Challenges and how to overcome those challenges by girl/women, Role of women in our society". The objective was to educate female volunteers on how to overcome the challenges faced by women in our society.	No. of participants- 87	SDG-5 Gender Equality
Live Session on Self Defense Techniques (Women Empowerment) – 1 st February 2021	In respect to create awareness about WOMEN EMPOWERMENT, Live Session was conducted on Self Defense Techniques wherein 2 NSS Leaders, who are Taekwondo & Kung-fu experts, taught the Volunteers the different ways to protect themselves & exercises for fitness. This event was conducted online through Google Meet.	75 NSS volunteers are involved in the session	SDG-5 Gender Equality

Road safety Awareness through placards – 10 th February 2021	NSS unit of VESASC in association with United way conducted this activity. Visibility was linked to more than 1000 commuters and motorists near the Cheda Nagar traffic signal, Chembur.	8 volunteers participated in this event.	SDG-11 Sustainable Cities & Communities
"Digital poster Competition" on the topic "Road safety awareness" – 6 th to 11 th February 2021	The NSS unit conducted an Online 'Digital poster competition' on the topic of "Road safety awareness". This activity gave the students an opportunity to show their creativity and innovative ideas through posters and create awareness about road safety.	8 Volunteers were involved, 50 people were the beneficiaries.	SDG-11 Sustainable Cities & Communities
Street Play on Helmet India campaign, 14/02/2021	On behalf of trax- road safety society India, NSS volunteers are invited to perform road safety street play for helmet India campaign program in mumbai. RTO Mumbai, Traffic Police Mumbai and BMC supported the students for this social cause.	10 male & 5 female volunteers performed in this.	SDG-11 Sustainable Cities & Communities
Road Safety Awareness video – 11 th March 2021	NSS volunteers created a video on "Road Safety Awareness" and shared it on social media. The awareness video gives information such as Facts/statistics about road accidents, causes of road accidents, Causes of Poor road safety situations in India, Tips to prevent road accidents, more information about road safety rules & signal and Steps to promote road safety.	7 volunteers participated in this event.	SDG-11 Sustainable Cities & Communities
Road Safety Awareness through posters in public places – 12 th – 18 th February 2021	The NSS unit of Vivekanand Education Society's College of Arts, Science & Commerce conducted an activity 'Stay Alert, Stay Safe' on "Road safety awareness".	30 NSS volunteers participated in the event.150 are the beneficiaries.	SDG-11 Sustainable Cities & Communities
Paper Bag Distribution Activity – 10 th to 15 th March 2021	The aim was to spread awareness about the usage of Paper Bag and eliminate the use of Plastic Bags. In this activity Volunteers distributed Paper Bags in their nearby areas and	41 volunteers participated, 200 beneficiaries	SDG-4 Quality Education

	also created awareness about its positive impact. Location of activity: Conducted in nearby areas. Number of paper Bags distributed: 98		
Online event on Road Safety Awareness – 20 th March 2021	In this program, NSS volunteers have explained the importance of road safety to the students through PPT presentation and awareness videos.	85 volunteers participated.	SDG-11 Sustainable Cities & Communities
Awareness on Oral health & Cancer 20/03/2021	An awareness video was shown to give information on oral health & cancer, symptoms, causes of oral cancer, tips to prevent from oral cancer, etc. The video was recorded and uploaded on the official YouTube channel and Instagram handle.	20 volunteers participated. No. of beneficiaries -400	SDG-3 Good health & well being
Online movie screening on AIDS awareness – 23 rd March 2021	Understanding AIDS can help students become more supportive of people who have it. This was done using Google meet	No. of NSS Volunteers: 83 No. of beneficiaries: - 95	SDG-3 Good health & well being
Tuberculosis awareness activity – 24 th March 2021	On the Occasion of World Tuberculosis Day, an activity was conducted to raise public awareness about the devastating health, social and economic consequences of TB	5 Volunteers participated.	SDG-3 Good health & well being
Sanitary Pads Distribution and Awareness on the – 8 th to 11 th March 2021	The aim was to spread awareness about the usage of sanitary pads. In this activity Volunteers distributed sanitary pads in their nearby areas and also spread awareness.	35 volunteers No. of beneficiaries - 150	SDG-3 Good health & Well being
Health & hygiene-related Activity, 10 th March 2021	The main aim was to create awareness among society about hand hygiene and give proper instructions on hand washing to prevent the infection.	7 volunteers participated, beneficiaries - 260	SDG-3 Good health & well being
"How To Prevent from Covid-19" – 31 st March – 2 nd April 2021	NSS Volunteers prepared Slogans/ Quotes/ Poems/digital poster/handmade posters on Covid-prevention, and shared the same, using Instagram to create awareness among the society in today's era.	16 Students Beneficiaries - 230	SDG-3 Good health & well being

Organ Donation Activity - 22/2/2021	In this Activity, the volunteers presented the explained the importance and need of ORGAN DONATION in their respective classes. A motivational video was played in the memory of Birth Anniversary of Late, Shri Hashu ji Advani, the beloved founder member of VES.	20 volunteers participated No. of beneficiaries: - 1200	SDG-3 Good health & well being
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VES College of Pharmacy (VESCOP)

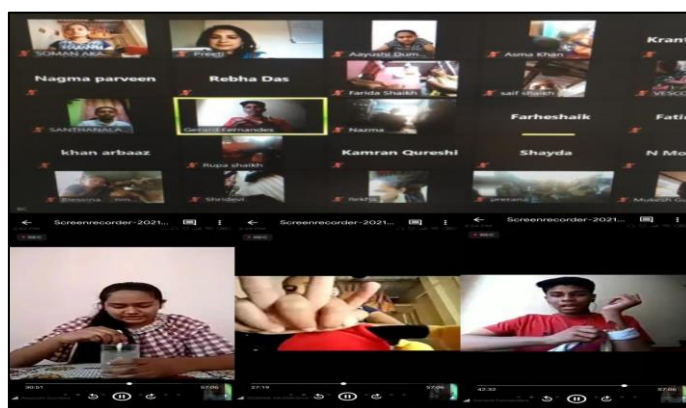
As a college working in the domain of health and wellness, the focus of VES College of Pharmacy is on SDG 3 (Good health). The stakeholders include not just students but teaching staff, support staff, other educational institutes, and society. Hence, using the online mode, VESCOP worked towards strengthening awareness of, and impactful practices in the domain of SDG 3. At the same time, SDGs 4 (Quality Education), 9 (Industry, innovation and infrastructure) and 13 (Climate Action) were also addressed by the college.

The following is a brief description of the activities.

1. First Aid Camp:

First aid becomes of paramount importance to deal promptly in emergency situations before any trained medical professional arrives. Keeping the benefits of first aid training in mind VES College of Pharmacy's Public Health Office in collaboration with 'The Movement India' arranged a webinar for people of 'Naunihal Shelter Home' on 7th of February 2021. The webinar highlighted the importance of first aid and various techniques of first aid during some emergency situations

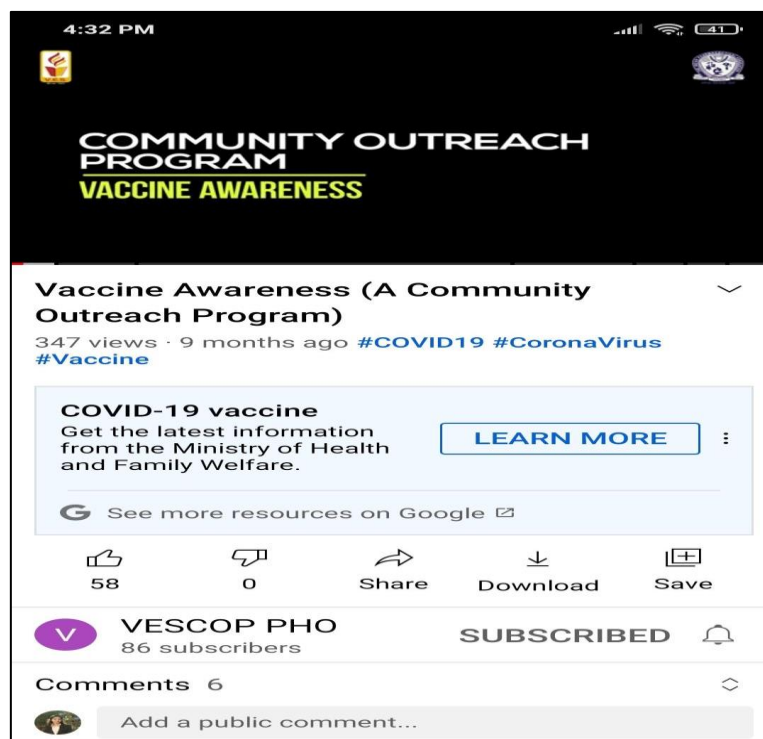
S. No.	Date	Topic	SDG linkage	No. of people reached
1	07/02/21	First Aid Camp Link of video of webinar: First aid camp.mp4	SDG – 3 Good Health & well being SDG – 4 Quality Education	68



2. Community outreach on Vaccine Awareness and Development:

Although science has proven time and again that vaccines are safe, some people are still skeptical about them and refuse to be vaccinated. Hence there is great need of educating society about vaccines, their development, manufacturing and distribution process. With regards to the Community Outreach Program, the PHO committee of VES College of Pharmacy displayed a Drama for the beneficiaries on 13th of November, 2020. Before the presentation of skit, a survey was conducted through Google Form. The survey contained questions related to vaccines like-efficacy of vaccines, developmental processes, distribution and pricing processes, guidelines by the CDC issued for vaccination and various methods of administering vaccines. The drama based on the responses of survey answers brought to light the importance of vaccination, its development, manufacturing, pricing and distribution processes.

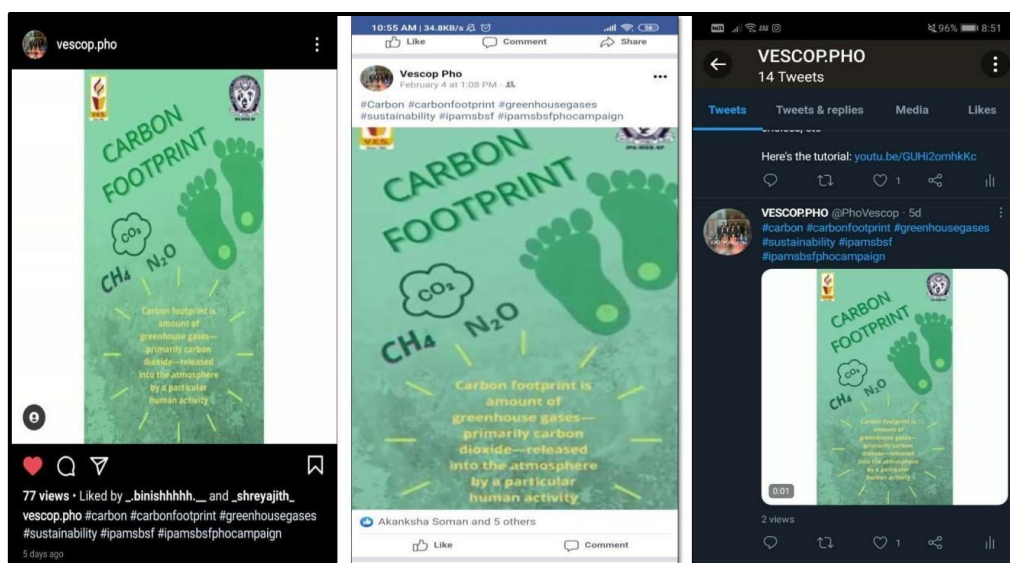
Sr. No	Date	Topic	SDG linkage	No. of people reached
2	13/11/20	Community outreach Camp on Vaccine Awareness and Development. YouTube VESCOP PHO: Vaccine Awareness (A Community Outreach Program)	SDG – 3 Good Health & well being SDG – 4 Quality Education	300+



3. Carbon footprint Awareness:

“A carbon footprint is the total greenhouse gas (GHG) emissions caused by an individual, event, organization, service, or product, expressed as carbon dioxide equivalent.” This camp was conducted from 4th February to 6th February, 2021. A survey video was uploaded on YouTube and a link was shared on all the social media platforms. Questions such as what is carbon footprint, what are the causes of carbon footprint etc. were asked. A demonstration video on how to use the carbon calculator that was available on the VES COP website was posted on YouTube and the link for the same was posted on Instagram, Facebook, etc. Next, in “Commute-e-Carbon”, an activity, people were encouraged to portray their ideas through any form including art, posters, poems, quotes, slogans, etc. A result of the activity was published on VES COP blog, listing the methods to lessen the carbon footprint and requirement for calculating the same.

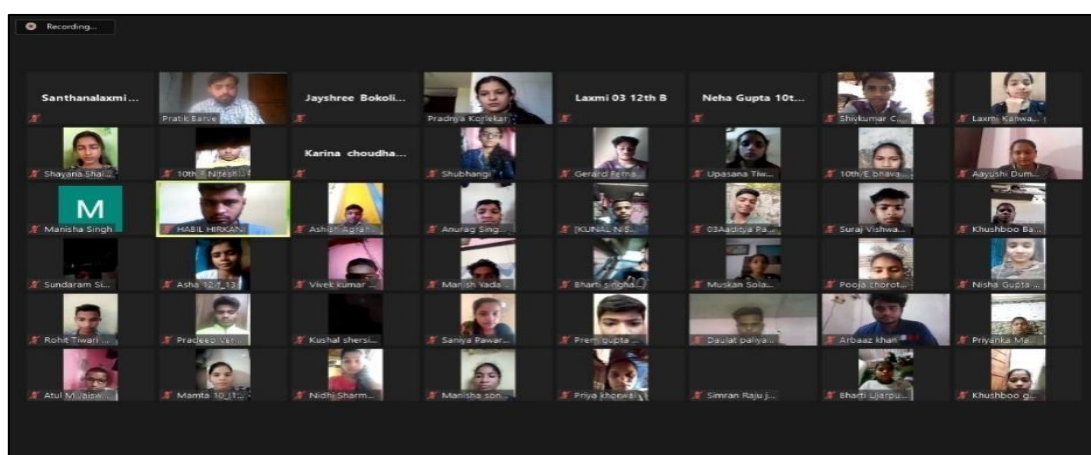
S. No.	Date	Topic	SDG linkage	No. of people reached
3	04/02/21-06/02/21	Innovative Campaign Video survey – Carbon Footprint: Video Survey - Carbon Footprint Carbon Footprint Calculator- A Demo: Carbon Footprint Calculator - A Demo Result analysis article: https://vescoppho.blogspot.com/p/carbon-footprint-result-analysis.html?m=1	SDG – 3 Good Health & well being SDG – 4 Quality Education SDG-13 Climate Action	120+



4. Pharmacy Profession Awareness Camp:

The PHO committee of Vescop conducted a 'Pharmacy Profession Awareness Camp' for students of Swami Vivekanand Vidyalaya to educate the students and provide an insight on scope of practice of pharmacy and the integral role pharmacists play in healthcare. In the webinar, the speakers walked the students through the essentials of the pharmacy profession, how to secure admission into B.Pharm course, university and state level exams for getting admission into B.Pharm course, various colleges of pharmacy in Mumbai, aided and unaided colleges, the average fees of pharmacy colleges, academia of pharmacy, its branches, job prospects after B.Pharm, scope of pharmacy in India and abroad, industry, major pharmacy branches opted in India and finally scholarships available for the aid of students.

S. No.	Date	Topic	SDG linkage	No. of people reached
4	16/01/2021	Pharmacy Profession Awareness Camp	SDG – Quality Education	112



5. AYURVEDA QUIZ

The Public Health Office of Vescop conducted a quiz on 'Ayurveda' through a Google Form on the above-mentioned social media handles from the 18th of October to 26th of October. The aim of the quiz was to create awareness about Ayurveda and Ayurvedic medicines. A Google Form was created consisting of twenty questions which covered different aspects of Ayurveda like its origin, literature, ministry, marketed products, and uses. The quiz also underlined the significance of traditional knowledge and why it is important to not ignore it.

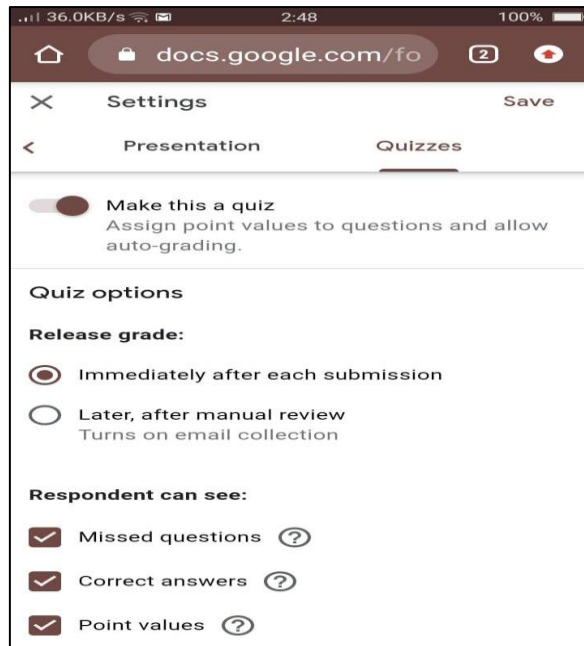
S. No.	Date	Topic	SDG linkage	No. of people reached
5	18/10/20-26/10/20	Ayurveda Quiz	SDG – Good Health & well being	418

			SDG Quality Education	–	4	
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6. POLLUTION QUIZ:

The Public Health Office of Vescop conducted a quiz on 'Pollution' to give a reality check on Pollution and its cascading effects on environment and human life. A Google Form was created consisting of twenty questions which covered different aspects of Pollution like its causes, effects, laws, hazards, and disastrous instances. The quiz underlined the fact that although pollution is a serious issue affecting our planet today, many people still continue to turn a blind eye to it.

S. No.	Date	Topic	SDG linkage	No. of people reached
6	20/11/20- 28/11/20	Pollution Quiz	SDG – 3 Good Health & well being	273
			SDG – 4 Quality Education	



7. **Lockdown Health Awareness Campaign:**

Given the impact of the lockdown on physical, mental and emotional health, the Public Health Office (PHO) of VESCOP conducted a 3-day Lockdown Awareness Camp

Day-1: Corona Warriors Interview video -30thOctober

The interview of corona-recovered patients was conducted. The warriors included a school student, a few college students, a nurse, and a businessman so that the experience from different age groups is known. Questions regarding the symptoms, mental health, etc were asked. Videos of these interviews was prepared and posted on Instagram, YouTube, and Facebook.

Day 2: Covid safety measures video, Mask-e-teers evaluation- 31st October

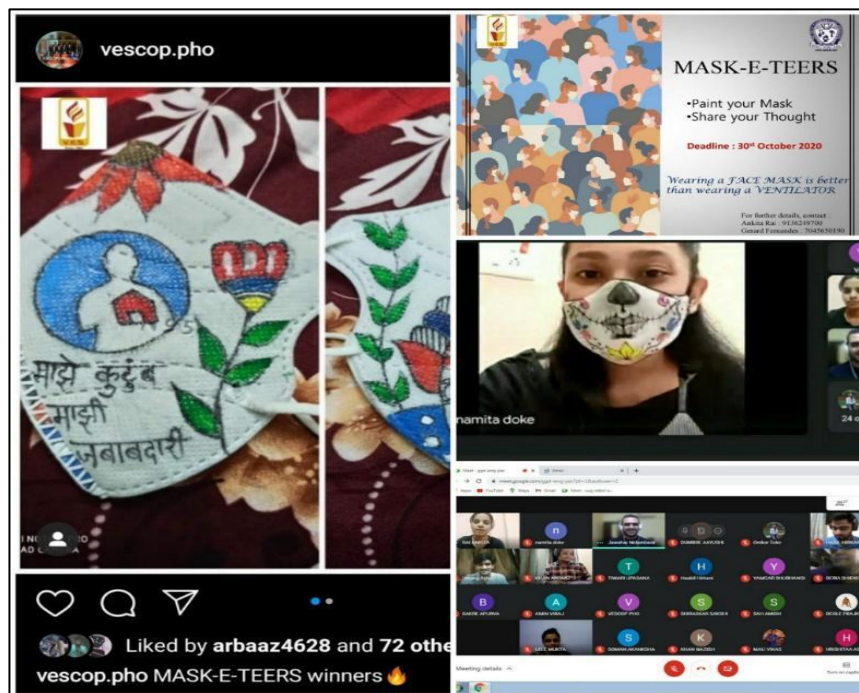
In continuation of the coronavirus video, to spread awareness of safety measures to be taken during the lockdown video was released on YouTube, Instagram, and Facebook. Some of the topics covered in the video were the use of different masks, the use of sanitizers, and the significance of washing hands frequently as well as social distancing. Effective delivery and a short demonstration of how to wash hands helped in spreading awareness more efficiently. Mask-e-teers was an activity meant to encourage students to create painted masks, as a tool for creating awareness and also to reduce stress-perception. The participants presented their mask and the message they had for the viewers. The winners were featured on Instagram with photos of masks. As the meme yard voting ended the count of likes was recorded.

Day 3: Live on Life (Instagram), just breathe (yoga webinar) and Untold Stories - 1st November

The Instagram platform was used to conduct a live session, about lockdown health. Many of the participants focused on how they started working on their hobbies to overcome anxiety.' In "Just breathe", a yoga webinar the instructors demonstrated sitting and standing asanas. "Untold stories" were discussions with people incharge of blood banks. These were posted on Instagram. Mr. Bhimrao Jadhav Sir, Mrs. Neeta Dange ma'am and Mr. Prakash Sawant Sir

of Pallavi Blood Bank, JJ Blood Bank and KEM Blood Bank respectively shared their stories. The objective was to spread awareness about blood donation during this crisis.

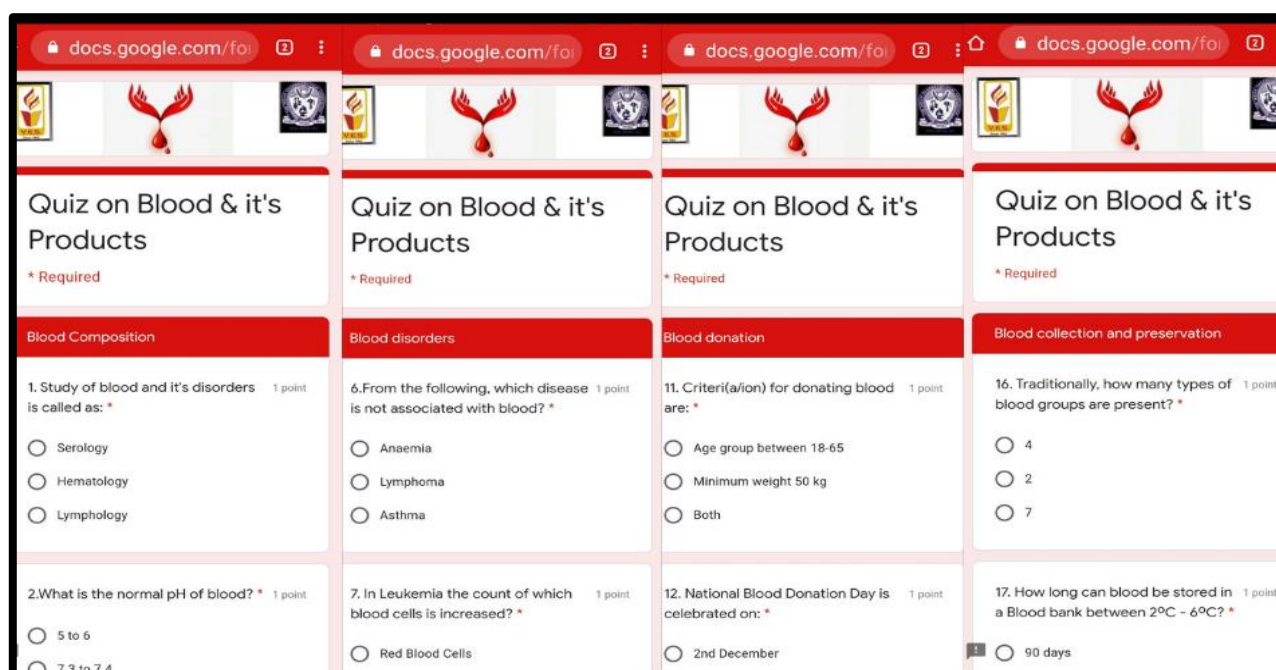
S. No.	Date	Topic	SDG linkage	No. of people reached
7	30/10/20 - 1/11/20	Lockdown Health Awareness Camp COVID-19 SAFETY MEASURES <u>Just breathe (yoga webinar):</u> Just breathe Untold Stories: https://instagram.com/vescop.pho?igshid=110a7y89kjh7o	SDG – 3 Good Health & well being SDG – 4 Quality Education	350+



8. Blood and Blood Products Quiz:

This camp was to spread awareness regarding blood and blood products. This quiz was divided into sections such as blood composition, blood disorders, blood donation and blood collection and preservation for better understanding. This quiz has created awareness about blood and blood products.

S. No.	Date	Topic	SDG linkage	No. of people reached
8	7/01/20- 15/01/21	Blood and Blood Products' Quiz	SDG – 3 Good Health & well being SDG – 4 Quality Education	571



9. World AIDS Day Campaign

On December 1st 2020 (World AIDS Day), PHO of VES College of Pharmacy in Collaboration with Sakhi Char Chowgi Trust, a trust run by transgenders, took on this mission to eradicate social stigmas prevalent in the society about this disease, and spread awareness. A webinar was organized, where speakers Anu Gauri and Rakhi Tambe elaborated on the various aspects of AIDS including the spread of the disease, its prevention and treatment facilities available. They also enlisted the hospitals in which the government provided free of cost testing and treatment for AIDS. Emphasis was made on the treatment and mental health counseling required by HIV positive patients.

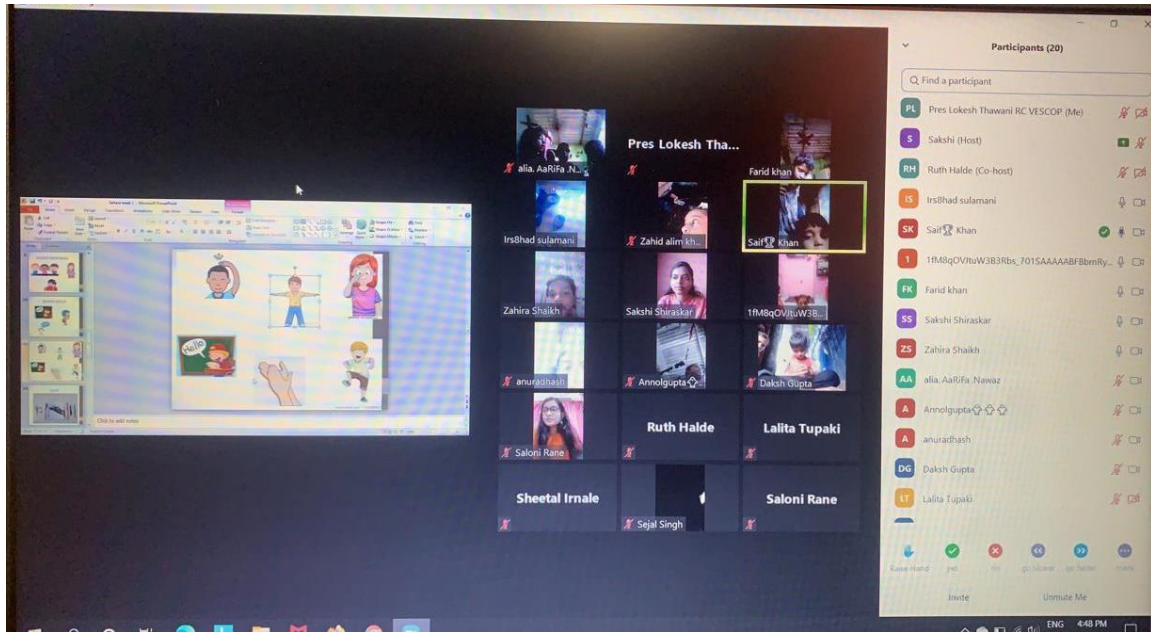
S. No.	Date	Topic	SDG linkage	No. of people reached
9	01/12/20	World AIDS Day Video release: World AIDS Day – Break the Stigma, Not the Stigmatized HIV AIDS: Break the Stigma, Not the Stigmatised!	SDG – 3 Good Health & well being SDG-4 Quality Education	115+



10. SHAPING FUTURES 2.0:

In order to help underprivileged children, receive quality-inputs on education, even during the lockdown, the Rotaract Club of VESCOP, along with collaborative partners, taught English to economically challenged children.

S. No.	Date	Topic	SDG linkage	No. of people reached
10	31/10/2020 to 01/05/2021	Shaping Futures 2.0	SDG – 4 Quality Education	50+



11. Power of Plate:

Given that good health is closely linked to nutritious food, VESCOMP conducted a week-long social media campaign, “Power of Plate”, during the National Nutrition Week. The objective was to help reduce malnutrition and spread awareness on healthy eating habits. A daily recipe on a nutritious dish was shared on the social media handle of Rotaract Club of VESCOMP.

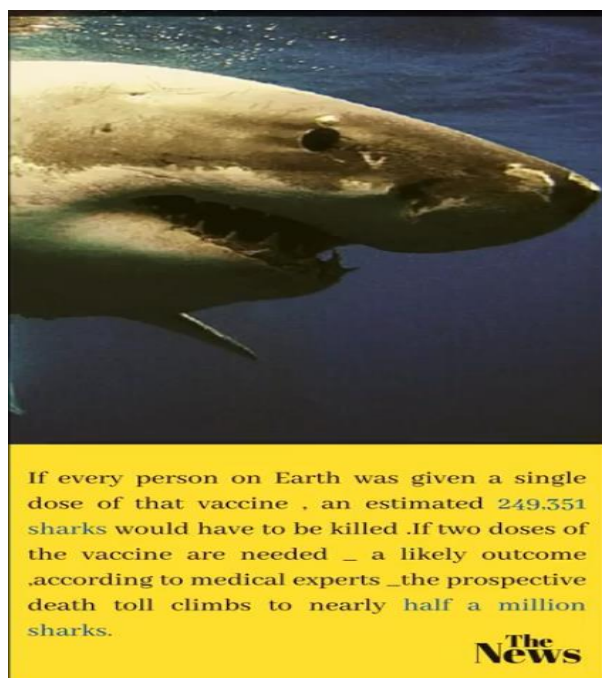
S. No.	Date	Topic	SDG linkage	No. of people reached
11	01/09/2020	Power of Plate - Social Media Campaign	SDG – 3 Good Health & Well-Being SDG – 4 Quality Education	100+



12. Sharks in Danger (Social Media Campaign):

Squalene, a compound harvested from the livers of sharks, is used widely in cosmetics and sunscreens. Less widely, it is used in malaria and flu vaccines as an adjuvant. However, it has been contended that the production of vaccines boosted by squalene would require harvesting tissue from more than 5 lakh sharks. This project was all about spreading awareness of the grave ecological cost of this practice.

S. No.	Date	Topic	SDG linkage	No. of people reached
12	22/11/2020	Sharks in Danger – Social Media Campaign	SDG – 14 Life Below Water SDG – 4 Quality Education	200+

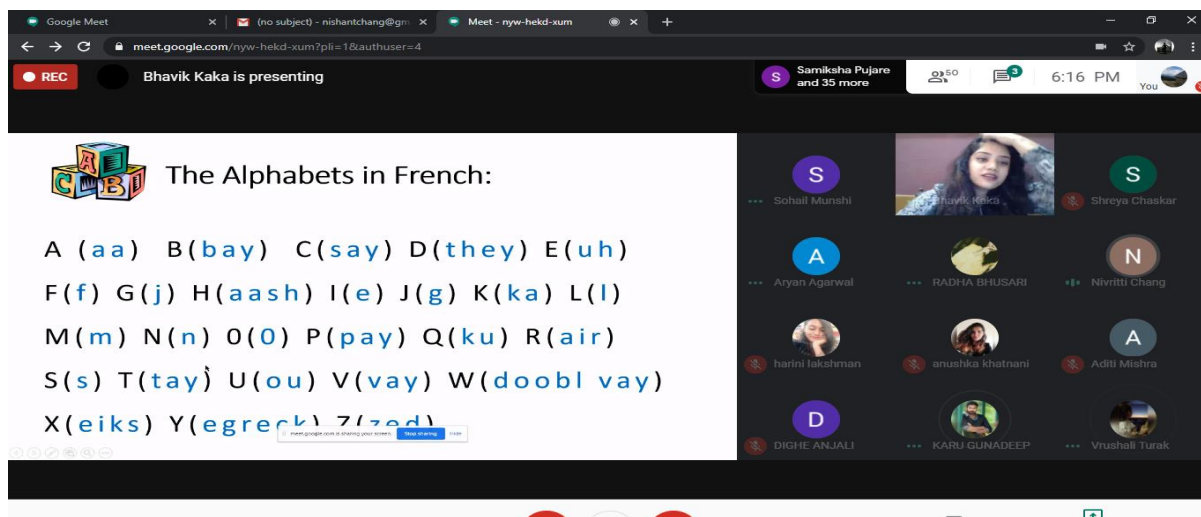


13. Certificate course on Entrepreneurship Development Program 2020

Institute Innovation Council of VES College of Pharmacy organized a “Certificate course on Entrepreneurship Development Program 2020” for students and faculty members of all VES Institutes. The program was scheduled from 4th December to 26th December 2020 and involved speakers from industry who are first generation Entrepreneurs.

The main objectives of this program is to create an awareness on innovation, entrepreneurship, process of innovation and to spread awareness about Government initiatives like National Innovation & Start Up Policy (NISP)

S. No.	Date	Topic	SDG linkage	No. of people reached
15	4th December to 26th December 2020	Certificate course on Entrepreneurship Development Program	SDG – 4 Quality Education SDG – 9 Industry, Innovation & Infrastructure	100+



14. Tree Plantation Drive

Tree plantation activity, a green initiative by the Environment Consciousness Cell, of Vivekanand Education Society's College of Pharmacy, was carried out to combat climate change thereby improving the quality of the natural environment. The newly planted trees in the Medicinal Plant Garden of VESCOP will clean the surrounding air thereby enriching the earth with healthy atmosphere. Some of the important medicinal plants like Giloy, Aloe-Vera, Neem, and Parijat were planted by the college students. These medicinal plants offer a lot of therapeutic benefits like - Giloy is used in rheumatoid arthritis, jaundice and diabetes; Aloe-Vera is a very good purgative and used in various skin diseases; Neem is used in diabetes, rheumatism, leprosy and Parijat is used in fever, rheumatism and sciatica.

S. No.	Date	Topic	SDG linkage	No. of people reached
16	20 th November 2020	Tree Plantation Drive	SDG – 4 Quality Education SDG – 3 Good Health & Well-Being SDG – 13	100+



15. Two-day workshop on 'Entrepreneurship and Start-up - Paving the Path for Graduate students'.

The Institute Innovation Council of VES College of Pharmacy is organized a 2-day workshop on 'Entrepreneurship and Start-up - Paving the Path for Graduate students'. The objective of the workshop was to provide key insights on early-stage entrepreneurs, prototype validation, angel investment, key to a successful business model and challenges and opportunities for an entrepreneur.

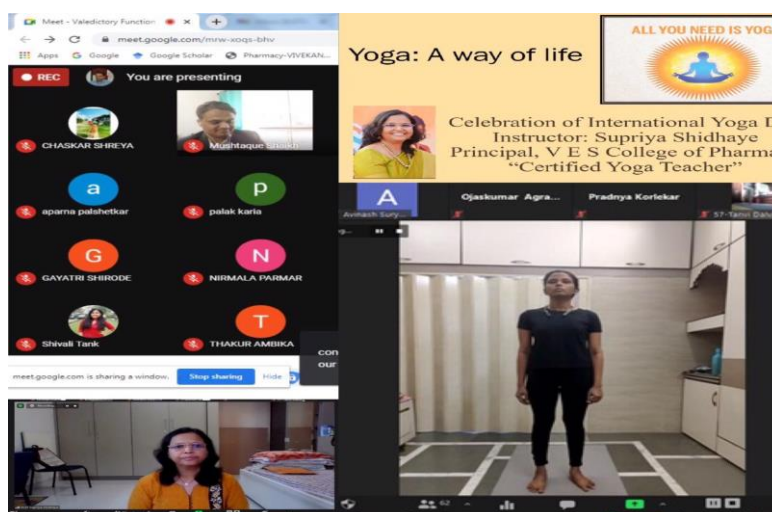
S. No.	Date	Topic	SDG linkage	No. of people reached
17	22 nd and 29 th May 2021	2-day workshop on 'Entrepreneurship and Start-up - Paving the Path for Graduate students'	SDG – 4 Quality Education SDG – 9 Industry, Innovation & Infrastructure	100+



16. YOGA DAY CELEBRATIONS


VES COP celebrated International Yoga Day across three days on 18th, 19th and 21st June 2021 through interactive sessions, guest lecture, live yoga demonstrations & quizzes on yogic aspects via online platform. A guest lecture was delivered on 19th June, and a demonstration of asanas was done on the 21st. The session started with prayer recitation and warm up practices followed by asanas in standing, sitting and sleeping positions, concluding with the Omkar chanting.

S. No.	Date	Topic	SDG linkage	No. of people reached
19	18 th , 19 th and 21 st June 2021	International Yoga Day celebration	SDG – 4 Quality Education SDG – 3 Good health & well being	100+



VES Institute of Management Studies & Research (VESIMSR)

At the VES Institute of Management, a CSR cell has been established with the objective of making the students socially responsible, as well as to sensitize them towards the various Sustainable Development Goals. The following activities were organized during the academic year 2020-2021

Sr. No	Date	Name and Brief of the Activity	SDG Linkage
1	1/08/2020-30/08/2020	<p>Green August-Virtual Plantation Drive (On Virtual Platform)</p> <p>All students and staff members were requested to plant at least one sapling in their home, in the month of August 2020, and requested to nurture the plant for the well-being on our planet. The objective of this initiative was to make this planet greener. Each participant was requested to share their “selfie” with the plant. The students and staff participated in the initiative enthusiastically.</p> <p>Screen Shots of Virtual Plantation Drive</p> 	SDG-13,15
2	5/11/2020	<p>Two Wheels One Life -Road Safety Training (On Virtual Platform)</p> <p>Two wheels one life -Safe rider online training session was conducted for 40 students in association with</p>	SDG-3,11

United Way Mumbai Organization. The objective of the session was to train the students on Road Safety.

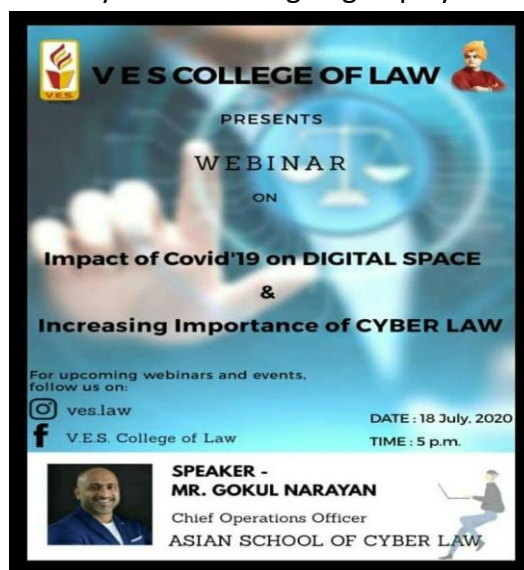
The screenshot shows a Zoom meeting interface. The main content is a presentation slide titled "United Way Mumbai". The slide text includes: "United Way Mumbai is a part of the 131 year old United Way movement spanning 41 countries across the world.", "Our mission is to improve lives by mobilising the caring power of communities to advance the common good.", "Network of 400+ NGOs", "Partnerships with 300+ companies", "100,000+ individual donors", "18 years", and "INR 205 crore invested in community development projects". The slide also features "Our 6 Areas of Focus" with icons for Education, Health, Environment, Relief, Shelter, and Economic Empowerment. The Zoom interface shows a grid of 12 participant avatars on the right side. The bottom of the screen displays the Windows taskbar with a search bar and system tray icons.

VES College of Law (VESCOL)

The Institute's work in the realm of sustainability focuses predominantly on SDGs 11 (Sustainable cities and communities) and 16 (Peace, justice and strong institutions). At the same time, other SDGs, including 4, 5 and 10 are addressed, through various activities. The following is a brief report of the same.

18th July 2020	Webinar on "Impact of COVID-19 on Digital Space and Increasing Importance of Cyber Law."	SDG4- Quality Education SDG10- Reduced Inequalities SDG11- Sustainable Cities and Communities SDG16- Peace, Justice and Strong Institutions
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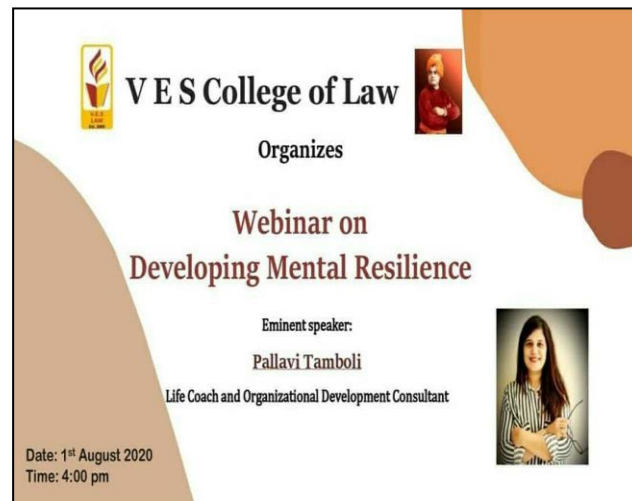
A Webinar on '**Impact of Covid-19 on Digital Space and Increasing Importance of Cyber Law**' was conducted by VES College of Law. The speaker, Mr. Gokul Narayan (COO – Asian School of Cyber Law), addressed various important topics like Merits & Demerits of Digital Space, management of Data on digital space, important measures to be taken in case of being a victim of cybercrimes, and stated how Cyber Laws are going to play a vital role in future.



1 st August 2020	Webinar on Developing Mental Resilience	SDG3- Good Health and Well-being SDG4- Quality Education SDG11- Sustainable Cities and Communities SDG16- Peace, Justice and Strong Institutions
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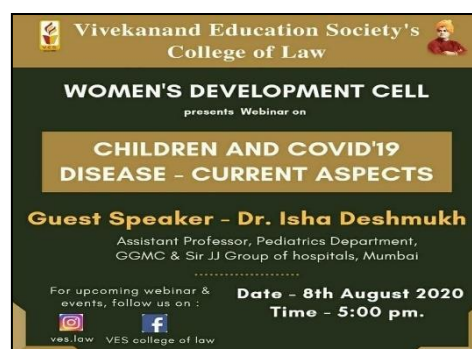
A Webinar on "**Developing Mental Resilience**" was organized. The Guest Speaker for the Webinar was Ms. Pallavi Tamboli. She is a certified Life Coach from International Coaching

Federation and a master in Neuro Linguistic programming (NLP). The focus of the talk was to help the participants develop mental resilience to combat the sudden changes brought about by COVID - 19 and to help the participants face life challenges generated by this pandemic.



8 th August 2020	Webinar on “Children and COVID – 19 Disease: Current Aspects”	SDG1- No Poverty SDG3- Good health and well being SDG4- Quality Education SDG5- Gender Equality SDG10- Reduced Inequalities
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The Women Development Cell of the College had organized a webinar on the topic ‘**Children and Covid-19 Disease: Current Aspects**’, by Dr. Isha Deshmukh, Assistant Professor, Pediatrics Department, GGMC & Sir J. J. Group of Hospitals, Mumbai. She spoke about risks and threats faced by children, the socio-economic impact of the pandemic on children, child-mortality due to Covid-19 and impact of the pandemic on education.



13 th March 2021	Webinar on “Protection of Children from Sexual Offences Act, 2012 (POCSO)”: Implementation and Judicial Approach	SDG1- No Poverty SDG3- Good health and well being SDG5- Gender Equality SDG10- Reduced Inequalities SDG11- Sustainable Communities and Cities SDG16- Peace, Justice and Strong Institutions
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A Webinar on “**Protection of Children from Sexual Offences Act, 2012 (POCSO): Implementation and Judicial Approach**” was organized by the Department of Life Long Learning and Extension (DLLE) of VES College of Law on 13th March. The Eminent Speakers for the Webinar were Adv Krishna Thacker (Mediator, Arbitrator & Managing Partner – MT Thacker & Associates), Ms. Deepa Rafeeqe (Co-founder – V Legal) and Ms. Sunetra Palav (Founder – The Fight Back Club Against Child Abuse). The Speakers enlightened Students on the POCSO Act and what the judicial approach in its implementation. Various Case studies were discussed with the budding lawyers about the application of Law, in the wake of certain controversial judgements related to POCSO. The Session was indeed a legally enriching experience and the Q and A session helped open minds of students on various aspects of the Law.



15 th March 2021	Elocution Competition	SDG4- Quality Education SGD5- Gender Equality SDG10- Reduced Inequalities
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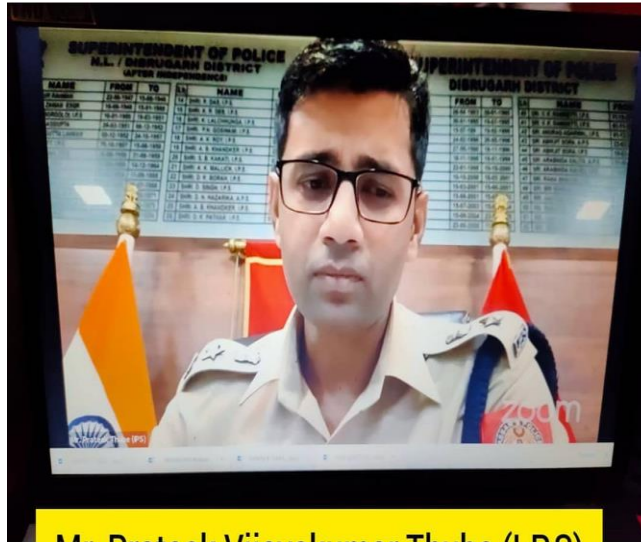
		SDG11- Sustainable Communities and Cities SDG16- Peace, Justice and Strong Institutions
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The Department of Lifelong Learning and Extension (DLLE) had organized an Elocution Competition with the objective of not only encouraging public speaking of the students but also to create awareness on certain important Legal topics. The Topics for the debate were as follows: **A. Should Graduation be a minimum qualification for contesting state and parliamentary election? B. Efficacy of laws related to protection of women C. Should judges be barred from accepting political positions post retirement?** Students from various classes participated in the Competition and displayed their oratory skills and legal knowledge. The top three speakers were awarded prizes based on various parameters like communication skills, content, confidence etc.



18 th March 2021	Webinar on “Role of Police in Criminal Justice Administration”	SDG4- Quality Education SDG5- Gender Equality SDG10- Reduced Inequalities SDG11- Sustainable Communities and Cities SDG16- Peace, Justice and Strong Institutions
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The Department of Life Long Learning and Extension (DLLE) of VES College of Law organized a Webinar on “Role of Police in Criminal Justice Administration”, to enlighten aspiring law officers about the Role of Police in Criminal Justice Administration and how the law is implemented by the Police System. The Guest Speaker for the Webinar, Mr. Prateek Thube, is an IPS Officer, and the Superintendent of Police from Dibrugarh, Assam. He spoke about Criminal Justice System and its importance, his experience in patrolling in insurgency affected areas and how policing has changed with time. The Session was followed by Q and A session.



Mr. Prateek Vijayakumar Thube (I.P.S)
(Guest Speaker)

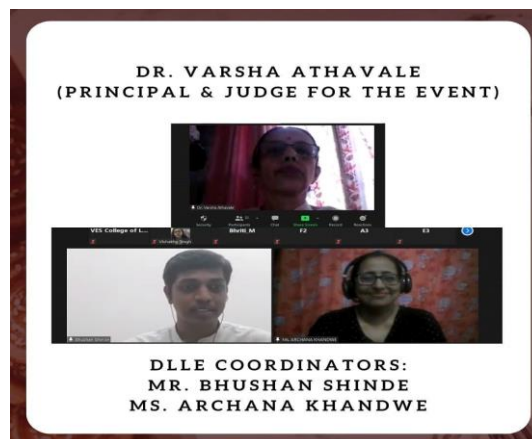
20 th March 2021	Webinar on “Domestic and International Arbitration under Arbitration and Conciliation Act, 1996	SDG4- Quality Education SDG10- Reduced Inequalities SDG11- Sustainable Communities and Cities SDG16- Peace, Justice and Strong Institutions
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A webinar on “**Domestic and International Arbitration under Arbitration and Conciliation Act 1996**” was conducted by VES College of Law. Mr Suprabh Jain (Advocate, High Court) was the eminent speaker for the webinar. Adv. Jain enlightened the audience about the core provisions of the Act, issues revolving around Arbitration, and how Arbitration proceedings take place. The Webinar saw a good number of a participation from Law students from across the city of Mumbai.




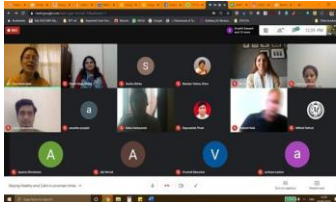
14 th June 2021	PPT Presentation Competition	SDG4- Quality Education SGD5- Gender Equality SDG11- Sustainable Communities and Cities SDG16- Peace, Justice and Strong Institutions
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The Department of Lifelong Learning and Extension (DLLE) had organized a PPT Presentation on 14th June 2021 virtually. This Competition was held with the idea of not only encouraging the presentation making and oratory skills of the students but also to create awareness on certain Legal Topics. Students from various classes participated in the Competition and displayed their presentation skills, along with their understanding of legal issues. The top three Presentations were awarded prizes based on the above-mentioned parameters.





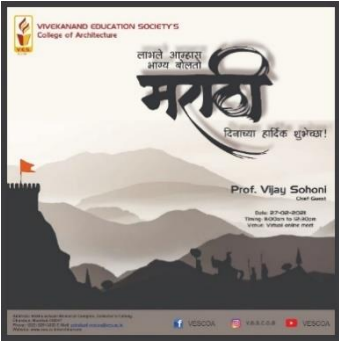



VES College of Architecture (VESCOA)

The institute works proactively to embed sustainability-driven design thinking into its curriculum as well as into co-curricular and extra-curricular activities, focusing on primarily SDGs 7, 9 and 11, while also including other SDGs in the scope of work.

SDG	Activity	Date	Details
SDG 3 Good Health & Well-Being 	a. VESLARC sessions for students & Faculty	Semester sessions, 21st June 2021, 8th Dec'2020	As an initiative towards physical, mental and emotional well-being of students of VESCOA, VESLARC (VES Leadership Academy and Research Centre) conducted talks across the semester. The importance of Yoga and meditation was emphasized and a few asanas were introduced for the participants. They also provided personal counselling and mentoring for students.
	b. VESLARC Session of Faculty and Staff 	19th Dec '2020	One of the learnings of the year 2020 has been about mental-emotional calmness and equanimity. With the objective of helping us strengthen the "calmness mindset", VESLARC conducted an E-Vidvaan Antarmukhita session for the teaching and support staff members of VES College of Architecture, on meditation, simplified.

	<p>c. Yoga Sessions</p> 	Semester wise	<p>With the aim of good health and well-being amongst staff members of VESCOA, yogasana sessions are conducted on campus. A yoga session was also organized for students on International Yoga Day on 21st June 2020 & 2021, by VESLARC.</p>
<p>SDG 7 Affordable and Clean Energy</p> 	<p>Students' Training for GREEN CAMPUS through CSE, Centre for Science & Environment, India</p>	Jan'21 - 18th, 19th & 20th	<p>In collaboration with the CSE, NewDelhi, VESCOA organized a CPD format study for the students of 2nd to 3rd year. The CPD trained the students towards developing a framework for a sustainable Green Campus, preparing for a green campus audit, and understanding the measures thereof.</p>
<p>SDG 9 Industry, Innovation</p> 	<p>Design competition – A Synergistic Sustainable Tall Building Model, CTBUH 2021 Tall Building Design Competition.</p> 	15th June 26 th July 2021	<p>The Sem-7 students have been engaged with the annual CTBUH Tall building Design competition for this year 2021. This competition gave a good opportunity to the students to explore sustainability of design aspects from the industry, infrastructure point of view, and to understand Green measures for passive designs, for construction, for materials, for associations with communities and neighbourhoods, and the city at large.</p>

<p>SDG 11 Sustainable Cities and Communities</p> 	<p>a. Faculty & Students training programme on Green & Sustainable Design aspects through EDS, DGfE</p>	<p>EDS, 14th June to 16th June 2021 DGfE, 1st, 2nd, 3rd July 2021</p>	<p>VESCOA collaborated with EDS, DGfE and hosted two very important CPDs for the faculty and students. These two programs were 3-day intense programs and covered various aspects of climate responsive architecture and various ways of measuring data, processing and applying the same to design aspects for a project.</p>
	<p>b. FDP on Predesign and Predesign to Design Conducted by Prof Naresh Shah</p>	<p>21st to 23rd Jan 2021, 10th to 12th June 2021</p>	<p>VESCOA organized two FDPs for the core faculty members. The workshop gave a good platform to debate and identify sustainable practices for the design process to be entertained by faculty for the benefit of students at large.</p>
	<p>c. VESCOA and student's council raise help for Flood hit districts</p> 	<p>Aug 2021</p>	<p>VESCOA along with its student's council managed to generate adequate assistance and timely support through food and similar necessities for the flood hit districts in Maharashtra in the month of Aug 2021.</p>
	<p>d. Students were encouraged to produce beautiful products out of the waste at their homes.</p>	<p>Jan 2021</p>	<p>The first-year students participated in the Orientation workshop. One of the project was to create beautiful products that could adorn their own homes, and these were made out of the various kind of waste material generally available at home.</p>

	<p>c. Marathi Bhasha Diwas</p> 	<p>27th February 2021</p>	<p>Marathi Bhasha Diwas was aimed at celebrating the importance of Marathi language in the state of Maharashtra & the birth anniversary of eminent Poet Kusumagraj. The chief guest was Ar. Vijay S Sohoni, a practicing architect from Nashik, who delivered an interesting presentation on beauty and the relevance of Marathi Language. He explained about about conservation of the language in its broader ecosystem and current environment.</p>
<p>SDG 13 Climate Action</p> 	<p>a. Lesson Plan Academic Curricula Integration</p> <p>b. Process with C-Balance, EDGE & DGFE</p> 	<p>June 2020 to June 2021</p>	<p>The various associations of VESCOA such as EDGE, C Balance & DGFE guided faculty members of VESCOA to create lesson plans for the courses of Architectural Design Studio, Architectural Building Construction and Materials, Humanities and Environmental Studies for 2nd year to 4th year to embed the principles of sustainability in the teaching program.</p>
<p>SDG 15 Life on Land</p> 	<p>Tree Plantation Drive</p>	<p>15th August 2021</p>	<p>VESCOA organized a Tree Plantation Drive in Hashu Advani Memorial Complex ground in Chembur. The Principal, faculty members, administrative staff members and students joined in the drive to plant saplings of indigenous species such as <i>Neem</i> and <i>Jamun</i>.</p>

*Other Institutes
Of
Vivekanand Education Society*

VES Polytechnic (VESP)

The institute has worked towards primarily addressing four categories of sustainability-related goals – SDG 3 (Good health), SDG 5 (Gender equality), SDG 7(Affordable and clean energy) and SDG 11 (Sustainable cities and communities). A few other goals have also been planned and reached. The following table carries the brief details of the activities.

Activity	Brief description	SDG linkage
Joyful Living- Jigyasa session for all students of VES Polytechnic	A session conducted for all the students of the second year by the VESLARC team	SDG 3 (Good health & well-being)
Gender sensitization, assertiveness and confident body-language	A session conducted for first year student by VESLARC team	SDG5 (Gender equality)
POSCO Act, POSH Act and Vishakha guidelines for all staff of VES Polytechnic	A session conducted for all Teaching and Non-teaching staff of VES Polytechnic by the VESLARC team	SDG 5 (Gender equality), SDG16 (Peace, justice & strong institutions)
Identity discipline and Patriotism-an army Officer Perspective by Major Ambika Jodha	A session conducted for all female students of VES Polytechnic by VESLARC team under Women development cell	SDG 5 (Gender equality), SDG16 (Peace, justice & strong institutions)
“How to change Habits” for students of VES Polytechnic	A session conducted for the students of the first year, by the VESLARC team	SDG 3 (Good health & well-being)
Composting & kitchen gardening	Session conducted by Dr. Rashmi Joshi Environment consultant for Electrical department student	SDG7 (Affordable & clean energy)
International Yoga Day	Celebration of international yoga day at VESP for staff and students by VESLARC team	SDG3 (Good health & well-being)

Vaccination drive	Vaccination Camp for VES family by VES management	SDG3 (Good health & well-being)
Next generation Telecommunication network	A session was conducted for Electronics & Telecommunication student by Prof Kartik Patel of KJ Somaiya college of Engineering	SDG 9 (Industry, innovation and infrastructure)
Solar energy	A session conducted for the students of the Mechanical department by Mr. Gaurav Chaugule	SDG 7 (Affordable & clean energy)
Waste management	A session was conducted for the students of the civil department by Mr. Vinod Bhodankar	SDG 11 (Sustainable cities and communities), SDG 12 (Responsible consumption & production)
Safety management	A session conducted for the students of the civil department by Mr. Pratik Jadhav	SDG 11 (Sustainable cities and communities)

Vivekanand English High School (VEHS)

The school focused on primarily two SDGs, SDG 3 (Good health and wellbeing) and SDG 5 (Gender equality). The virtual mode of teaching-learning proved to be no impediment to the planned activities; students and staff were successful in actively engaging with external stakeholders for addressing the above goals.

The following table and paragraphs briefly list the key activities.

Date	Topic and Activity	SDG's
1/05/2020	Antarmukhita on Staying Healthy and Calm in certain times.	3- Good Health and Well- Being
9/06/2020	Swayam on Joyful Studies	3- Good Health and Well- Being
21/06/2020	International Yoga Day	3- Good Health and Well- Being
11/07/2020	Mother Daughter Session- Menstrual Hygiene	6- Clean Water and Sanitation
08/08/2020	Value Education	3- Good Health and Well- Being 4 – Quality Education
2/10/2019	Swachh Bharat Abhiyaan	3- Good Health and Well- Being
03/10/2020	Swamaan – Gender sensitization session by the VESLARC team	5- Gender Equality
06/02/2021	Bright Smile Bright Future	3- Good Health and Well- Being
12/03/2021	Anger Management – a session by the VESLARC team	3- Good Health and Well- Being
18/03/2021	My School Tobacco Free School	3- Good Health and Well- Being

Antarmukhita on Staying Healthy and Calm in certain times

A session was arranged for all the staff members of Vivekanand English High School by the team of VESLARC. The session was based on various health issues and managing stress. The team of VESLARC suggested various measures which teachers can implement in order to keep themselves calm and composed while teaching online. The session was very helpful as it provided a helping hand towards new teaching methodology.

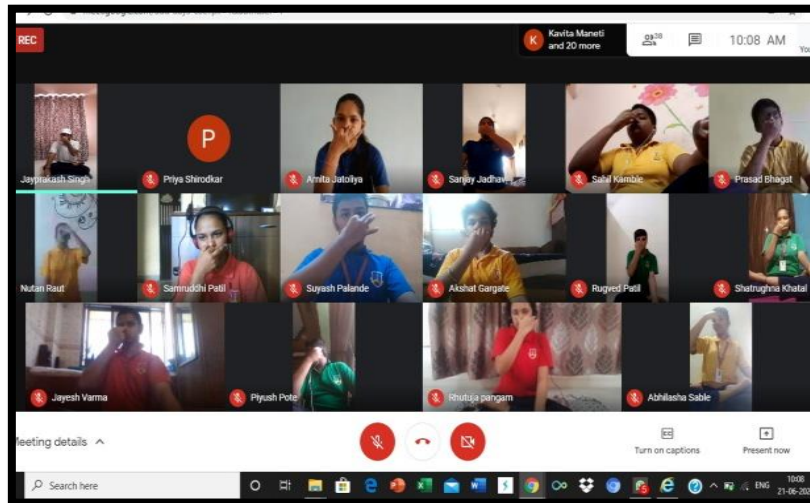
Swayam on Joyful Studies

Vivekanand English High School arranged a session on the topic 'Swayam on Joyful Studies' for the students of class 10th. The session was conducted by the team of VESLARC. Students studying in class 10th always have a fear of studies. Joyful studies session helped the students to study in stress free environment and enjoy their studies. The speakers stressed on finding various alternative to understand and memorize the answers which will help them to achieve

their goal. The workshop ended with question answer session where students were able to get their doubts cleared.

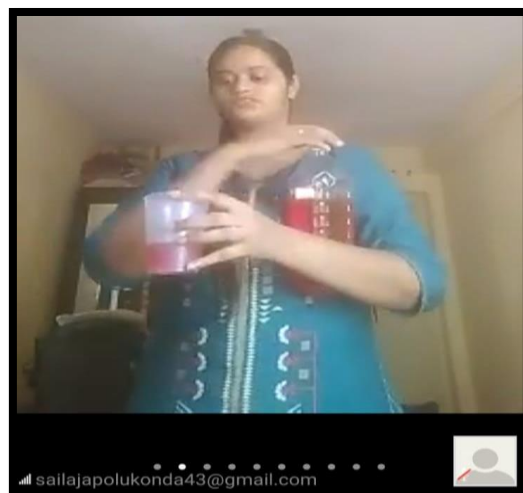
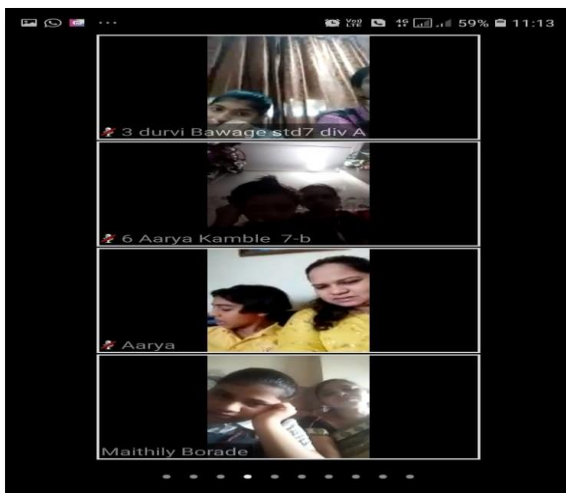
International Yoga Day

Students and Teachers of Vivekanand English High School Celebrated International Yoga Day on 21st June, 2020 with great enthusiasm, to create mental and physical well-being among students and faculties. Videos were shown on various Asanas and its importance was explained to understand the purpose of life and how to survive in changing environment.



Mother Daughter Session-Menstrual Hygiene

A Mother Daughter Session was arranged on Menstrual Hygiene by Procter & Gamble (P&G) for the students of class 6th to 8th girls. The session helped the parent to understand the hormonal changes which takes place during the menstrual cycle and also taught them the importance of menstrual hygiene.



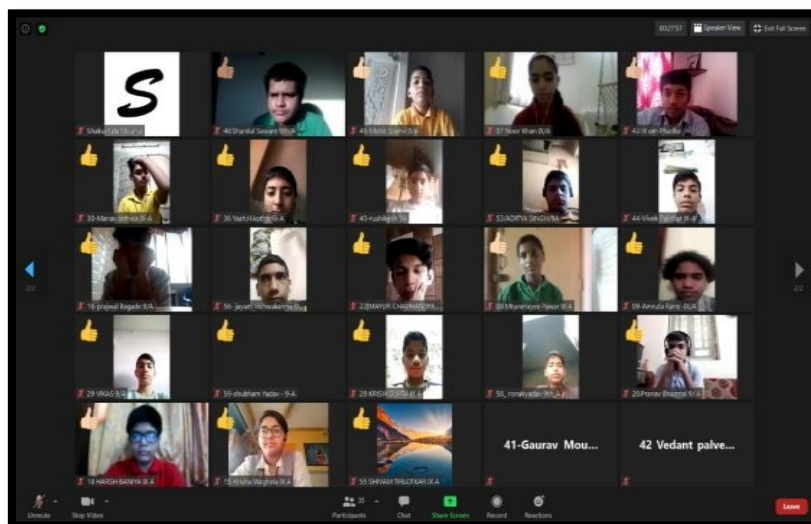
Value Education

A workshop was arranged for the teacher's related to Value Education among the students. The session helped the teacher to understand how to incorporate the Value Education through interactive sessions and play-way methods among the students without mentioning the subject.



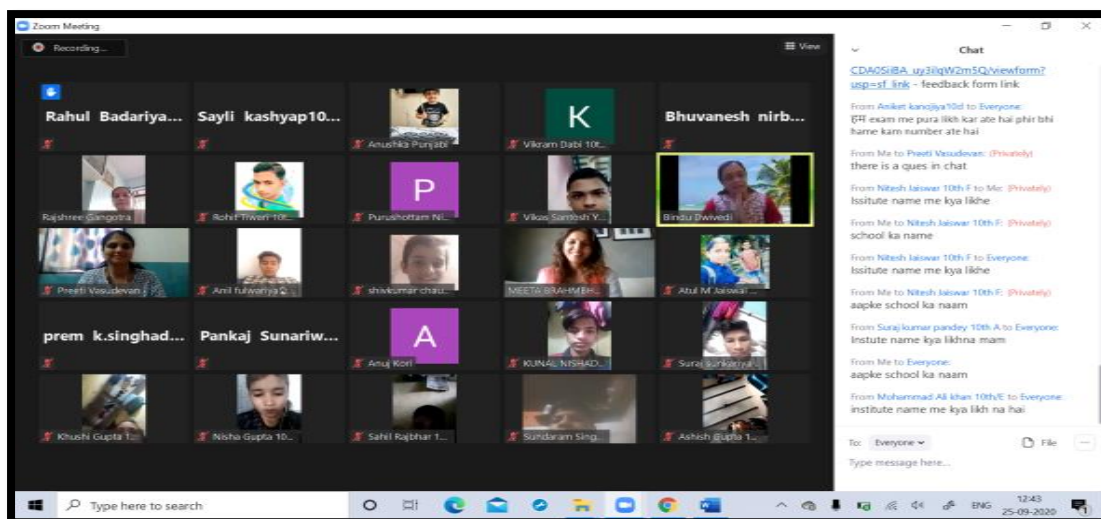
Swachh Bharat Abhiyaan

Students of Vivekanand English High School successfully carried out Swachh Bharat Abhiyaan program. Students were asked to help their parents in keeping the environment clean and perform household chores. The message was to keep the environment clean and also to instill in them the gender equality in terms of household work.



Swamaan

On 03/10/2020 a workshop was arranged for students of Vivekanand English High School about Gender Sensitization. The concepts related to body image, peer pressure, social media constraints were explained with proper examples of day-to-day life. The students felt very much connected to the topic.



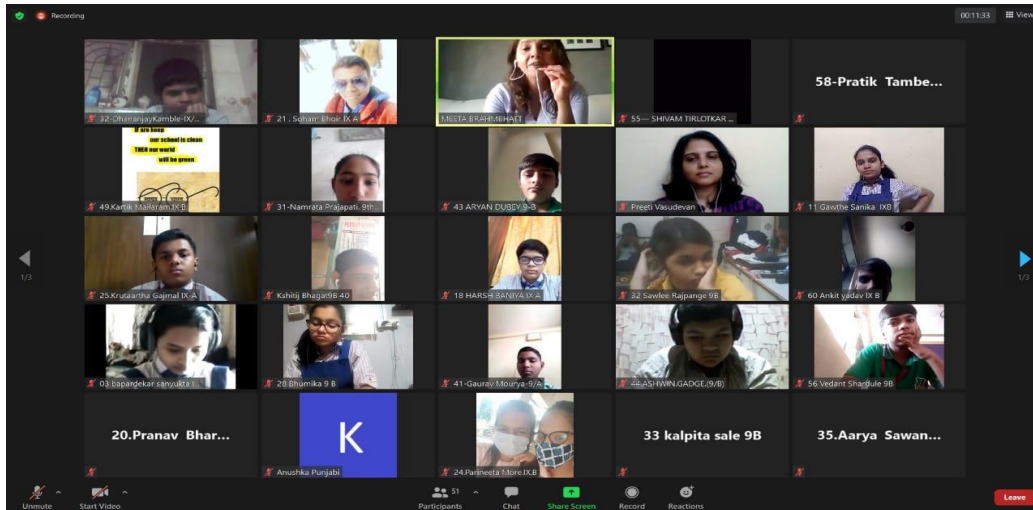
Bright Smile Bright Future

On 6th February, 2021 a virtual workshop was conducted on the topic ' Importance of Oral Hygiene'. In today's world we all give importance to many other health related issues but always ignore their oral health and hygiene. Among children oral health is very important as they are fond of eating the foodstuff which mostly creates oral problems. The workshop helped the children to understand why taking care of their oral hygiene is important.



Anger Management

With the ongoing pandemic everyone was forced to stay indoors. Children who are always busy in outdoor activities were forced to stay indoors, leading to increased restlessness and irritability. In order to help the students to manage their temperament, a virtual workshop was arranged on the topic 'Anger Management'.



My School Tobacco Free School

Young children are often vulnerable to vices and addictions, as they have impressionable minds. In order to make students understand the side effects of tobacco a workshop was held on the topic 'My School Tobacco Free School'. The workshop clearly explained the role of each and every teacher in keeping their school tobacco free and building a better future by keeping our young generation healthy and addiction free.





Swami Vivekanand High School & Junior College (SVHS & JC)

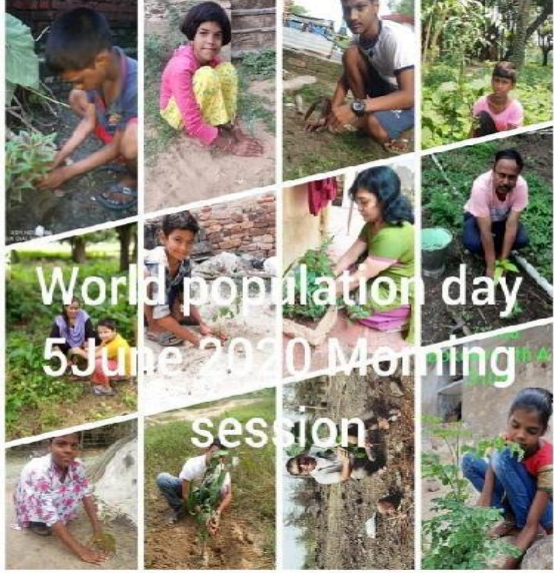

Amidst the challenges of the pandemic, the focus of the school and junior college remained on primarily addressing SDG 3 (Good health and wellbeing) and SDG 4 (Quality education), along with other SDGs, involving other goals. Various online events and activities were conducted; students were encouraged to participate in competitions and activities organized by others – all with the objective of moving beyond the curricular goals, into sustainability-goals. Several students won laurels in these competitions.


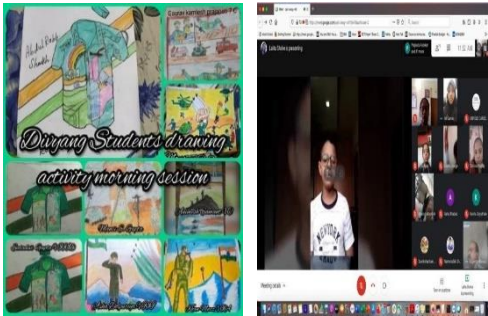
Sr no	Activity name	Description	SDG
1	Korea Quiz	In collaboration with Korea, a Quiz competition was conducted on All India basis, wherein Shubh Bhowmick won the cash prize.	SDG 17
2	Virtual Karate Championship	In the World Virtual Karate Championship, that involved demonstrating moves, Siddhart Aridi and Dewang Deokule won prizes.	SDG 3 SDG 4
3	World Environment Day National Poster Making Competition	Sanskar Basak won a consolation prize National Poster Making Competition.	SDG 13
4	Energize National Level Quiz Competition	Snehin Godwani won prizes in quiz competition on Nutrition Fitness and Sports.	SDG 3
5	SCERT Art Contest (kalautsav) State Level	Saarah Pote was selected for the State level competition.	SDG 4
6	Classical Online Chess Tournament	Daksh Jagasia won the first prize (age group 4-13) in a chess competition.	SDG 3, SDG 4
7	Water Conservation Online Competition Video	Prizes were won on District level for poems on Water Conservation.	SDG 6
8	'Parenting in pandemic'	On the occasion of Guru Poornima (Teachers Day according to the Hindu Calendar) a talk on "How to Parent your child" was conducted for parents by the VESLARC team.	SDG 3 SDG 4



9	Joyful Learning	Talk on Joyful learning by the VESLARC team.	SDG 3 SDG 4
10	'Coding –An Essential Skill'	A Talk by CEO and founder of Stem Education Co on Coding.	SDG 4
11	Career Guidance Program Shri Satya Sai Seva	Dr. C. P. Girishankar conducted a program on Career Guidance for Std 10.	SDG 4
12	Algorithmics for our children	Competition on Maths and Algorithm	SDG 4
13	Talk on "The Importance of Hard work"	This session was conducted by the VESLARC team.	SDG 4
14	Nuclear Power Generation the need of the Hour	A talk on importance of Nuclear Power by Shri Amitesh from BARC.	SDG 7
15	WEBINAR for Teachers International Women Days	An interactive workshop was conducted by the VESLARC team to discuss the common challenges faced by women in the present times, and solutions for addressing the same.	SDG 5


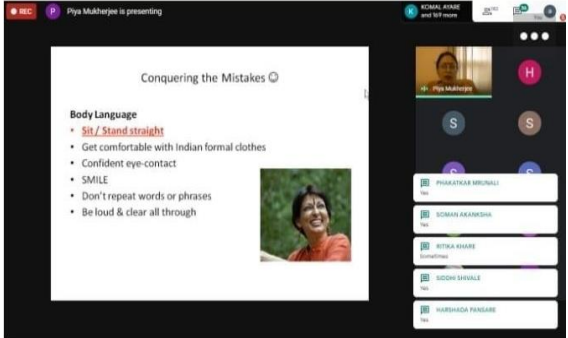
Swami Vivekanand Kanishtha Vidyalaya & Mahavidyalaya (SVKVM)


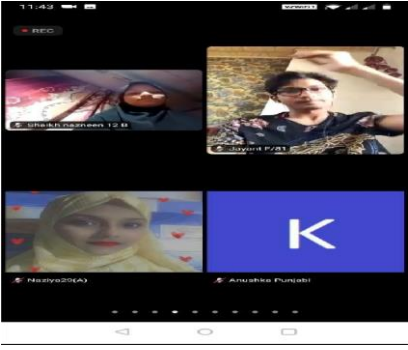
S. No.	Topic	SDG linkage	No. of participants
15/6/2020	<p>Text Book Distribution program: - As per the Government rules the school reopened on 15th June 2020. Due to Covid-19 Pandemic the school switched over to online teaching, after training the teachers for the same. A text book distribution program was held in the school. Following the Covid norms the books were handed over to the parents.</p> 	SDG No. 4, Quality Education	390 students
20/6/2020	<p>International Yoga Day: - The International Day of Yoga has been celebrated annually on 21st June since 2015. Yoga is a Physical mental and spiritual practice which originated in India. The session was organized online.</p> 	SDG No. 3, Good Health and Well - Being	250 students
5/6/2020	<p>World Population Day: - World Population Day aims to increase people awareness on various population issues such as the</p>	SDG No. 1,	Arranged online

	<p>importance of Family planning, Gender equality, Poverty, Maternal health and Human rights. A Plantation drive took place on the day. Students and teachers planted saplings in their homes and sent the photos of the same.</p> 	<p>No Poverty, SDG 11 – Sustainable cities and communities</p>	<p>session >100 students</p>
<p>10/7/2020</p>	<p>Mother-daughter awareness programme - Proctor and Gamble- This programme was organized online on 10/7/2020. In this programme girls and their mothers participated. Mrs. Saileja conducted this program & advised the girls about the changes that occur in their body at the time of puberty.</p> 	<p>SDG 3 - Health Goal SDG No. 5, Gender Equality</p>	<p>Arranged online session 100 Girls students</p>
<p>2/10/2020</p>	<p>151st Gandhi Jayanti Celebration Date and Day- 2nd October 2020, Friday Swami Vivekanand Kanishtha Mahavidyala organized a number of events and competitions celebrating MahatmaGandhiji's 151st Birth Anniversary on Friday 2nd October2020.</p>	<p>SDG No. 16, Peace, Justice and Strong Institutions</p>	<p>Arranged online session >100 students</p>

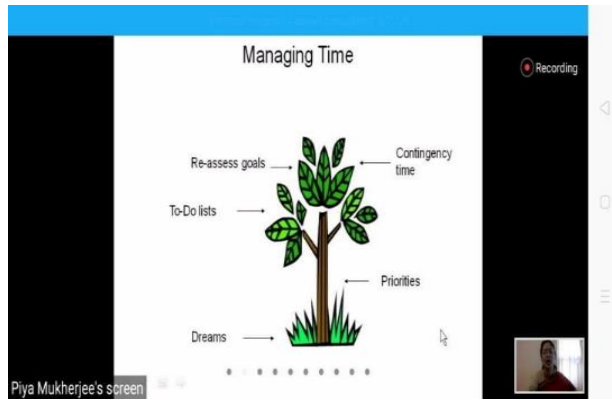
			
<p>3rd 2020 to 9th Dec 2020</p>	<p>Saman Sandhi Saptah (Inclusivity of Disabled children): - Equal opportunities awareness Week was held from 3rd Dec 2020 to 9th Dec 2020 to makethis program a grand success the following events were organized. 4th Dec Drawing Competition, 5th Dec Mono Acting, 6th Dec Essay Competition, 7th Dec Patriotic song Competition, 8th Dec Speech Competition, 9th Overall Appreciation of participants.</p> 	<p>SDG No. 10, Reduced Inequalities</p>	<p>Arranged online session 90 students</p>
<p>23/10/2020</p>	<p>3- Program on Menstrual cycle awareness for girls: - On 23rd October 2020 this programme was conducted by Maharashtra government forthe students of std VI to std VIII. In this programme the students were advised how to maintain body hygiene and what type of diet to follow.</p>	<p>SDG No. 3, Good Health and Well – Being SDG 5 – Gender Equality</p>	<p>Arranged online session 100 Girls students</p>

			
<p>A.Y 2020 - 2021</p>	<p>2- Nutritional Food Distribution During Covid-19: - According to Maharashtra Govt Directives, nutritional food was distributed to those whose parents were needy during the Covid-19 Pandemic.</p> <p>Due to covid-19 students were not allowed in the school instead their parents were called to collect the food grains from the school. In this distribution programme almost all staff members were engaged and shared their solidarity.</p> 	<p>SDG No. 2, Zero Hunger</p>	<p>Arranged online session 250 students</p>
<p>15/8/2020</p>	<p>Independence Day: - The Independence Day programme was held in the school premises in the hybrid mode.</p>	<p>SDG No. 16, Peace, Justice and Strong Institutions</p>	<p>Arranged online session 100 students</p>

	 <p style="text-align: center;">15 the August 2020-21</p>		
16/9/2020	<p>5- Swamaan – Gender sensitization for girls: Personality and identity, assertiveness, confident body language, the need for goal-setting, and the need to pursue excellence. The important aspect of self- acceptance, and overcoming body- shaming was also discussed. Example of achievers from various walks of life were shared, to drive home the points.</p> 	SDG No. 5, Gender Equality SDG 3 – Good health	Arranged online session 100 Girls students
25/9/2020	<p>5- Swamaan-gender sensitization for Boys - Interactive segment about identity, and social and cultural stereotypes. The students were taken through concepts related to body image, peer pressure, pressure due to social media. The overarching theme of respect was discussed. This was further delineated into respecting the self and respecting others. Expressions of respect, in words, body language and behavior were also discussed. Gender-based roles, and the need to grow as individuals beyond these roles, was discussed. Finally, the students were reminded how to view their Identities from</p>	SDG No. 5, Gender Equality	Arranged online session 125 Boys students

	<p>wider, more holistic perspective.</p> 		
22/6/2020	<p>4 - Joyful Learning: - Interactive segment about our states of mind, its acceptance, and re-affirming optimism in spite of uncertainties. Students are then led through an introspective exercise about their traits, followed by a linkage discussion about their goals. The goals they listed are then dovetailed into their time-management and studies, to help them understand how their learning is a useful stepping-stone in life. Next, various study-related tips and techniques are discussed. The importance of physical health and immunity, as well as healthy strategies for coping with stress perception, are talked of. The session concludes with a little prop-based segment on the futility of comparison with others, as a primary benchmark for success.</p> 	SDG No. 4, Quality Education	100 students
22/6/2020	<p>12- Time management Session: - “Time management” is the process of organizing and planning how to divide your time between specific activities. Good time management</p>	SDG No. 12, Responsible Consumption and Production	Arranged online session 100 students

enables you to work smarter – not harder
 – so that you get more done in less time, even
 when time is tight and pressures are high.



1/5/2020

3- Staying Healthy and Calm in uncertain times: - effective daily practices like gratitude, mindfulness, exercise and pranayama. Next, specific do's and don'ts for building physical immunity are discussed. Keeping the aim in mind the unique challenges faced by the staff of our institutes, the next segment is a discussion on long-term mindsets that are helpful. The session concludes with questions and answers, and a "pop quiz" on medicinal plants.



SDG No. 3,
 Good Health
 and Well -
 Being

30 students

23/2/2021	<p>13- Global warming: - Global warming is a term used for the observed century-scale rise in the average temperature of the Earth's climate system and its related effects. Scientists are more than 95% certain that nearly all of global warming is caused by increasing concentrations of greenhouse gases (GHGs) and other human-caused emission.</p>	SDG No. 13, Climate Action	Arranged online session >100 students
8/3/2021	<p>Circle of sisterhood - The session commenced with a quick look at common challenges faced by women in the past one year. before addressing a few reflective questions related to self-care. Chat box questions and answers were initially discussed. The importance of dealing with anxiety in a healthy manner. The session concluded by showing certain props, to remind each other of the multifaceted roles played by women, and the need to appreciate oneself for every step of progress made.</p>	SDG5 – Gender equality, SDG No. 17, Partnership for the Goals	Arranged online session >100 students



VES Leadership Academy & Research Centre (VESLARC)

Given the scale of uncertainty, anxiety and volatility faced by the student-community in the year 2020, VESLARC, created as a pan-VES hub for the dissemination of values-based inputs in VES and beyond, took a call to focus on 2 SDGs: SDG 3 (Good health and wellbeing), and SDG 5 (Gender equality).

The objective was two-pronged: to reach out to a wide spectrum of stakeholders starting from students, to teachers, professors, support-staff members, parents of students and general members of society, in order to bring inputs of holistic health and wellness to them, and to also address the at-risk aspect of vulnerability of boys and girls both, on account of increased polarization of gender-determined socio-cultural roles. To this end, using a variety of in-house webinars, guest-speaker talks, and customized, on-demand sessions for students and staff, VESLARC successfully worked towards these two SDGs, reaching close to 6,000 stakeholders in one year.

Additionally, VESLARC also addressed other SDGs in a more diffused manner, by interlinking concepts relevant to students and staff, with those related to environmental sustainability, conscious consumerism and holistic wellness. The following table captures the activities focused on SDGs 3 and 5 respectively.

SDG 3 – Good health & well-being		
Date	Topic	No. of participants
26/4/2021, 10/5/2021, 1/6/2021, 16/9/2021	Changing Habits	360
27/5/2021	Stress Perception mgmt.	60
21/6/2021	International Yoga Day	220
28/6/2021, 6/7/2021, 8/7/2021, 13/7/2021, 15/7/2021, 31/7/2021, 12/8/2021	Living with courage	655
19/7/2021, 21/8/2021, 1/9/2021	Self-esteem & use of technology	840
3/8/2021, 9/9/2021, 21/9/2021, 9/10/2021	Dear Zindagi	295
7/8/2021	Joyful Professionalism	35
27/8/2021, 23/9/2021	Change Management	132
28/8/2021	Ask VESLARC	450
9/9/2021, 16/9/2021	Joyful Learning	200

13/10/2021	Importance of Hardwork	60
13/10/2021, 22/10/2021, 22/10/2021	Anger Management	250
13/11/2021, 18/11/2021, 20/11/2021, 22/11/2021, 24/11/2021, 25/11/2021, 25/11/2021, 6/12/2021, 11/12/2021, 16/12/2021, 17/12/2021, 18/12/2021, 18/12/2021, 20/12/2021, 23/12/2021	Happy Transition – online to offline mode	2139
	TOTAL for SDG 3	5696
SDG 5 – Gender Equality		
5/7/2021, 28/10/2021	Gender sensitization	280
	TOTAL for SDG 5	280

